



# The Ryan Dress

## PDF Pattern

Created By:

*sd*

SHWIN DESIGNS

PDF SEWING PATTERNS

**Dolman Sleeve**  
**Color Block Option**  
**Maxi or Knee Length**

Print Pattern at 100% Do not scale

Cut at grey lines

Tape pages together following guide

Cut or trace desired size

[www.Shwindesigns.bigcartel.com](http://www.Shwindesigns.bigcartel.com)

# The Ryan Dress



| Size | Bust   | Waist  | Hip    | Yardage<br>Knee Length | Yardage<br>Maxi | Knee<br>Length | Maxi<br>Length |
|------|--------|--------|--------|------------------------|-----------------|----------------|----------------|
| XXS  | 30-31" | 23-24" | 30-31" | 2.25 Yards             | 3 Yards         | 37"            | 53"            |
| XS   | 32-33" | 25-26" | 32-33" | 2.25 Yards             | 3.25 Yards      | 37.5"          | 53.5"          |
| S    | 34-35" | 27-28" | 34-35" | 2.25 Yards             | 3.25 Yards      | 38"            | 54"            |
| M    | 36-37" | 29-30" | 36-37" | 2.5 Yards              | 3.25 Yards      | 38.75"         | 54.75"         |
| L    | 38-40" | 31-33" | 38-40" | 2.5 Yards              | 3.5 Yards       | 39.5"          | 55.5"          |
| XL   | 41-44" | 34-37" | 41-44" | 2.5 Yards              | 3.5 Yards       | 40.75"         | 56.75"         |
| XXL  | 45-48" | 38-42" | 45-48" | 2.5 Yards              | 3.5 Yards       | 42"            | 57.5"          |
| XXXL | 49-52" | 43-47" | 49-52" | 2.5 Yards              | 3.5 Yards       | 43"            | 58"            |

\*\*Fabric width at least 50" directional prints or print matching will require extra yardage.

## Fabric Requirements:

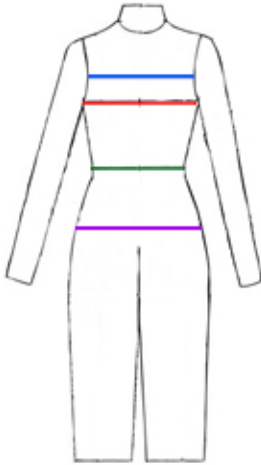
Light weight woven fabrics with soft drape, such as, Rayon, Chambray, Linen, and other light weight fabrics.

| Finished Measurements | XXS   | XS    | S     | M     | L     | XL    | XXL   | XXXL  |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Bust                  | 31.5" | 33.5" | 35.5" | 37.5" | 40.5" | 44.5" | 48.5" | 52.5" |
| Waist                 | 27.5" | 29.5" | 31.5" | 33.5" | 36.5" | 40"   | 44.5" | 48.5" |
| Hip                   | 34"   | 36"   | 38"   | 40"   | 43"   | 47"   | 51"   | 55"   |

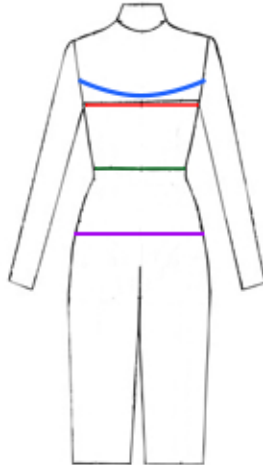
## Fit Guide for the Ryan Dress



Front



Back



### \*Bust (red line)

Measure around your full bust and back, keep the tape measure even.

### \*Waist (green line)

Measure at your natural waist line, typically the smallest part of your waist just above the belly button.

### \*Hip (purple line)

Measure the fullest part of your hip.

Fill in this chart with your measurements:

| Bust | Waist | Hip | Your Size |
|------|-------|-----|-----------|
|      |       |     |           |

## 1. Take Your Measurements

Start by taking your measurements following the instructions above. Having someone help you measure can ensure that you get the most accurate measurement. Make sure the tape measure doesn't twist or droop. Also wear the same undergarments you will wear under the garment since changing bras can change your sizing.

## 2. Find the Correct Size

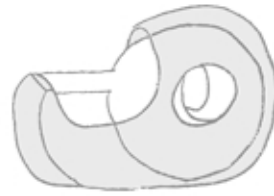
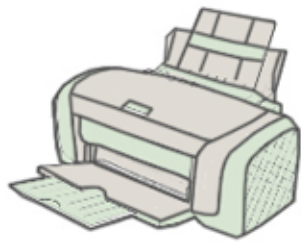
Using your measurements from above and the size chart from page 2 find the size that fits your measurements. Don't sweat it if you are split between sizes, follow the adjustments in the pattern to learn how to get a custom fit.

## 3. Make a Practice Garment

When sewing a pattern for the first time it's smart to make a muslin to test fit and to test any adjustments you may have made. Use a similar fabric as you will for the final, and mark any adjustments you make so you can change the pattern as needed.



To print and assemble the pattern you will need:



Print the pattern using Adobe Reader. Other programs or browser windows can distort the printing of the pattern.

Check the test square for accurate printing.

Cut the left and bottom white border off each pattern page.

Tape the pages together by placing the cut edge over the uncut edge of the neighboring page.

The gray borders should just meet and the pattern lines should match up, while the circles in the corner of each page make full circles.

To sew the pattern you will need:



Basic sewing supplies will be needed to sew the pattern, such as a sewing machine, pins, scissors, thread and an iron and ironing board. Other more specific sewing supplies such as fabric amounts and type, and other notions will be listed on the supplies page.

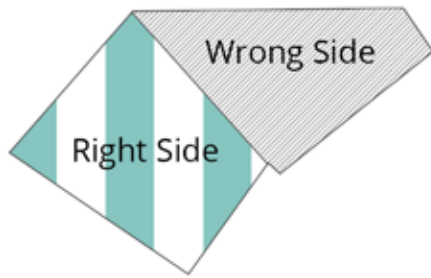
Additional supplies needed or suggested for pattern tracing or altering:

Pencil

Ruler

Tracing paper (I like to use freezer paper)

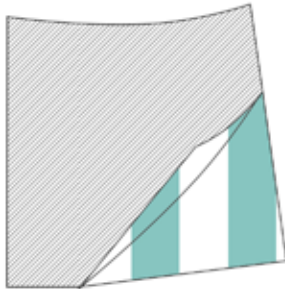
# Sewing Glossary and Tips



## Fabric:

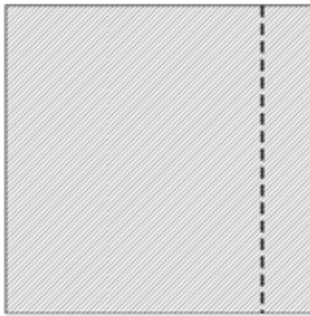
Fabric has a front and back side. The front side is called the right side, and the back is called the wrong side.

For some fabrics there is no visible difference between the front and back.



## Right Sides Together:

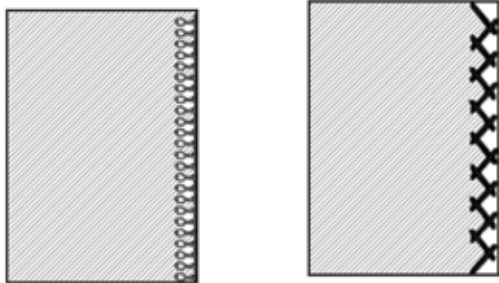
This term is used frequently in the pattern. It means that the right sides of the fabric will be placed face to face.



## Seam Allowance:

The seam allowance is the amount of fabric between the edge and the stitch line.

All Shwin Designs patterns include a 3/8" seam allowance, all seams unless otherwise noted should be sewn with a 3/8" seam allowance.



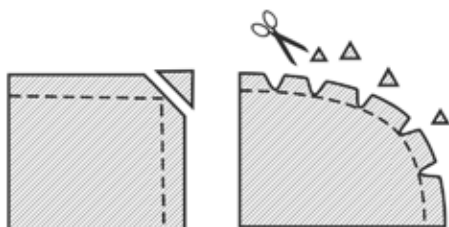
## Seam Finishing:

When noted in the pattern to "finish seam as desired" you can do this a couple different ways.

Serging the edge with a serger.

Sewing a zig zag stitch along the edge.

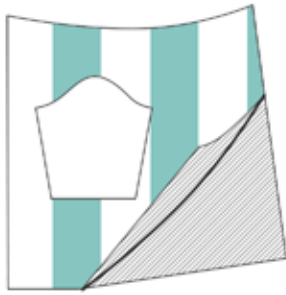
Or another preferred method.



## Clipping Corners or Curves:

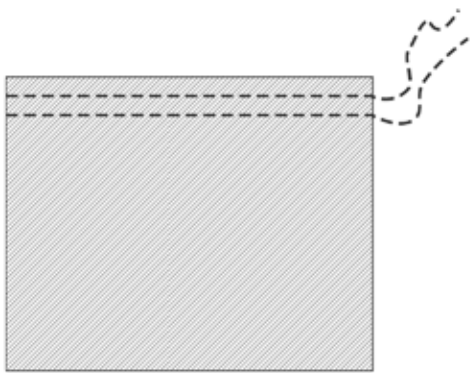
For corners you will clip the point off when instructed.

To clip the curve you will clip triangle shape notches into the curve but not into the stitches.



## Cut 2 Reverse 1:

With the fabric folded so wrong sides are together or right sides together, place the pattern down and cut 2, one will be reversed.



## Gathering:

Sew two rows of basting stitches (longest length setting for the stitches) so that your gather will be nice and even.



## Grainline and Stretch Marking:

A pattern piece will be marked with grainline indicating the direction the pattern piece should sit on the fabric.

Stretch marking is the direction of the greatest stretch in the fabric for knit patterns.



## Pattern Markings:

Markings on the pattern pieces are to help with the ease of sewing the patterns. Transfer any markings to the fabric pieces.

# Sewing the Ryan Dress



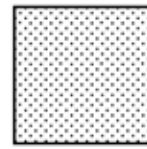
Right Side  
Main Fabric/  
Skirt



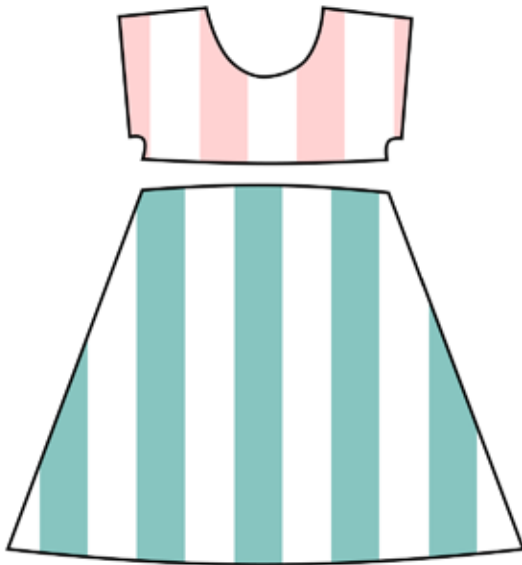
Wrong Side  
Main Fabric/  
Skirt



Right Side  
Color block  
Bodice/  
Binding



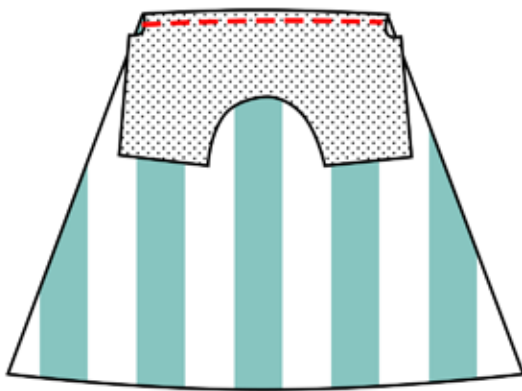
Wrong Side  
Color Block  
Bodice/  
Binding



\*\*Color Block Style Only. For solid skip ahead to step 3

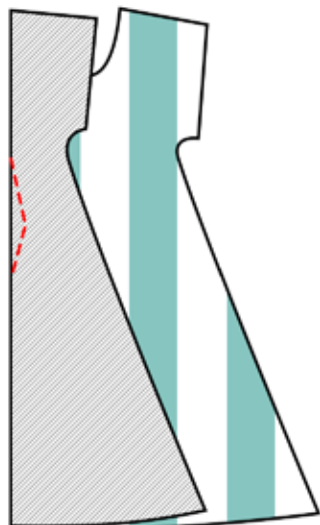
## Step 1:

Cut pattern along color block lines. Add 3/8" seam allowance to the top of the skirt and the bottom of the bodice along the cut line.  
Cut out the pieces.



## Step 2:

With right sides together, sew the top bodice to the skirt. Finish seams as desired.  
Repeat for front and back pieces.



\*\*For all styles.

## Step 3:

Fold the bodice along the center of the dart so right sides are together.  
Sew from the top of the dart down to the bottom pivoting slightly in the center. (follow the marking on the pattern)  
Skip back stitching and instead tie off the threads at the start and finish of the dart.  
Repeat this for both front darts and back darts.  
Press darts flat after sewing.



### Step 3:

With right sides together, sew the pockets to the dress following the marking on the pattern for the placement guide.

Repeat with all 4 pockets.

Finish the seams if desired.



### Step 4:

Press the pockets out flat.

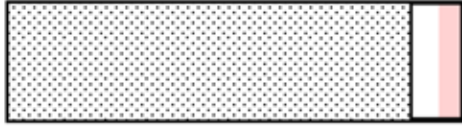


### Step 5:

With the front and back right sides together, sew at the shoulders and side seams, sewing around the pockets.

Finish seams if desired.





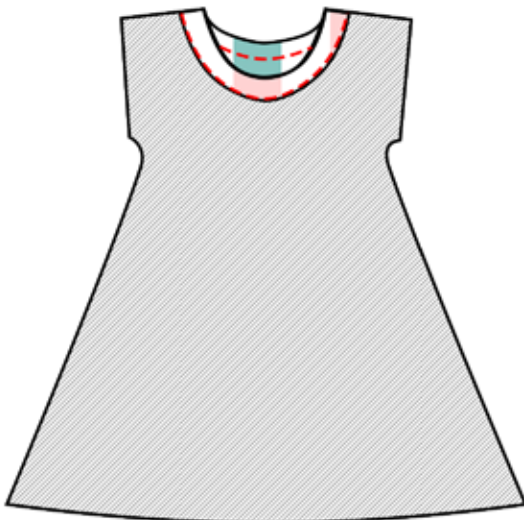
## Step 6:

Fold one edge of the neckbinding over by 1/4"



## Step 7:

With right sides together, place the binding around the neckline, place the fold at one shoulder then gently ease the bias around the neckline until you overlap the fold at the first shoulder. Trim bias so you overlap by only 3/8". Sew bias to the neckline.



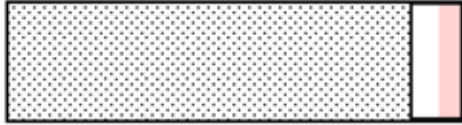
## Step 8:

Press the bias upward and the seam allowance towards the bias.

Then press the raw edge of the binding back down so it meets with the stitch line.

Then turn the bias all towards the inside of the neckline. Press well.

Sew in place by sewing along the folded edge.



## Step 9:

Fold one edge of the sleeve binding over by 1/4"



## Step 10:

With right sides together, place the binding around the end of the sleeve, place the fold at one shoulder then gently ease the bias around the sleeve until you overlap the fold at the first shoulder. Trim bias so you overlap by only 3/8". Sew bias to the sleeve. Repeat with other sleeve.

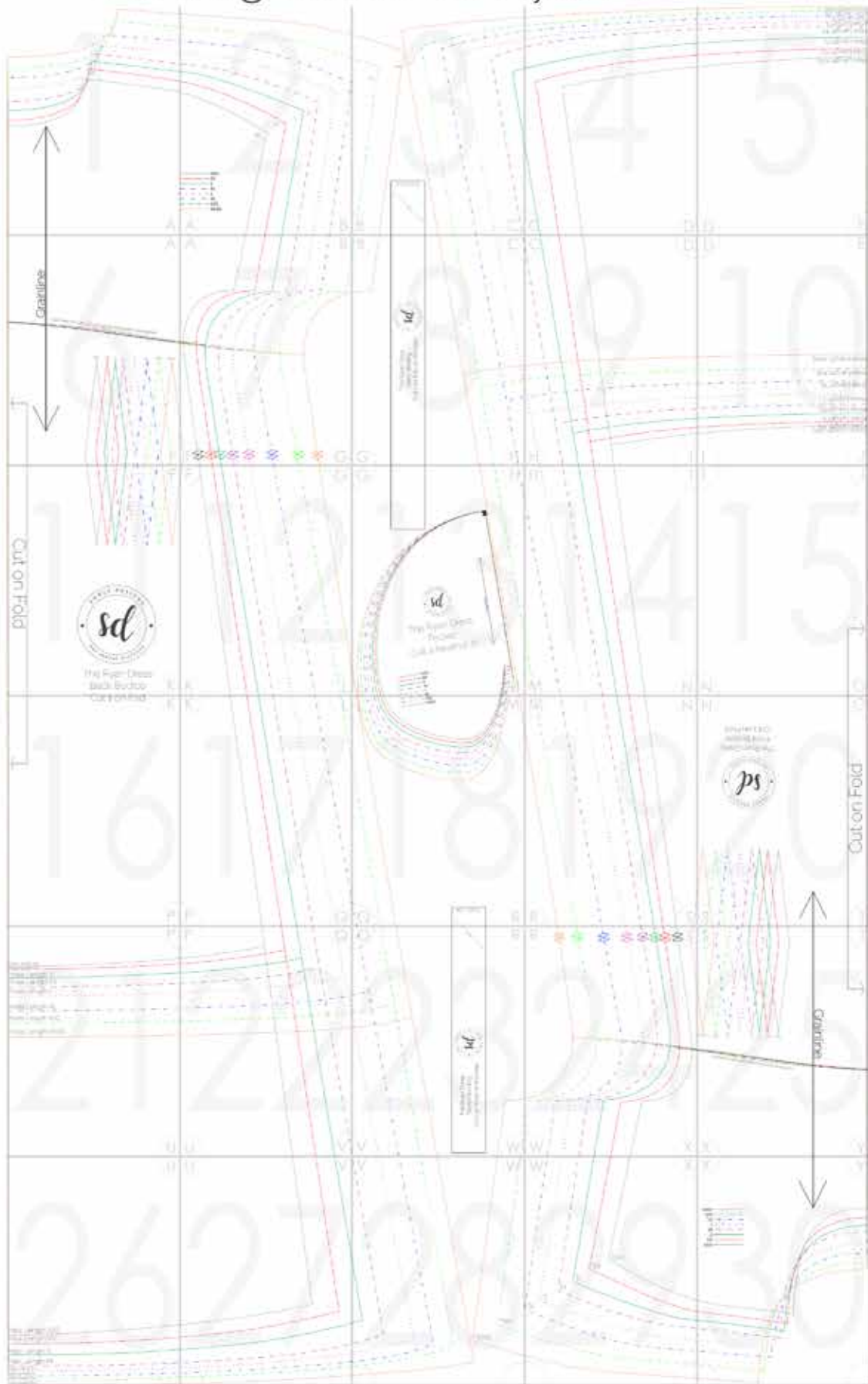


## Step 11:

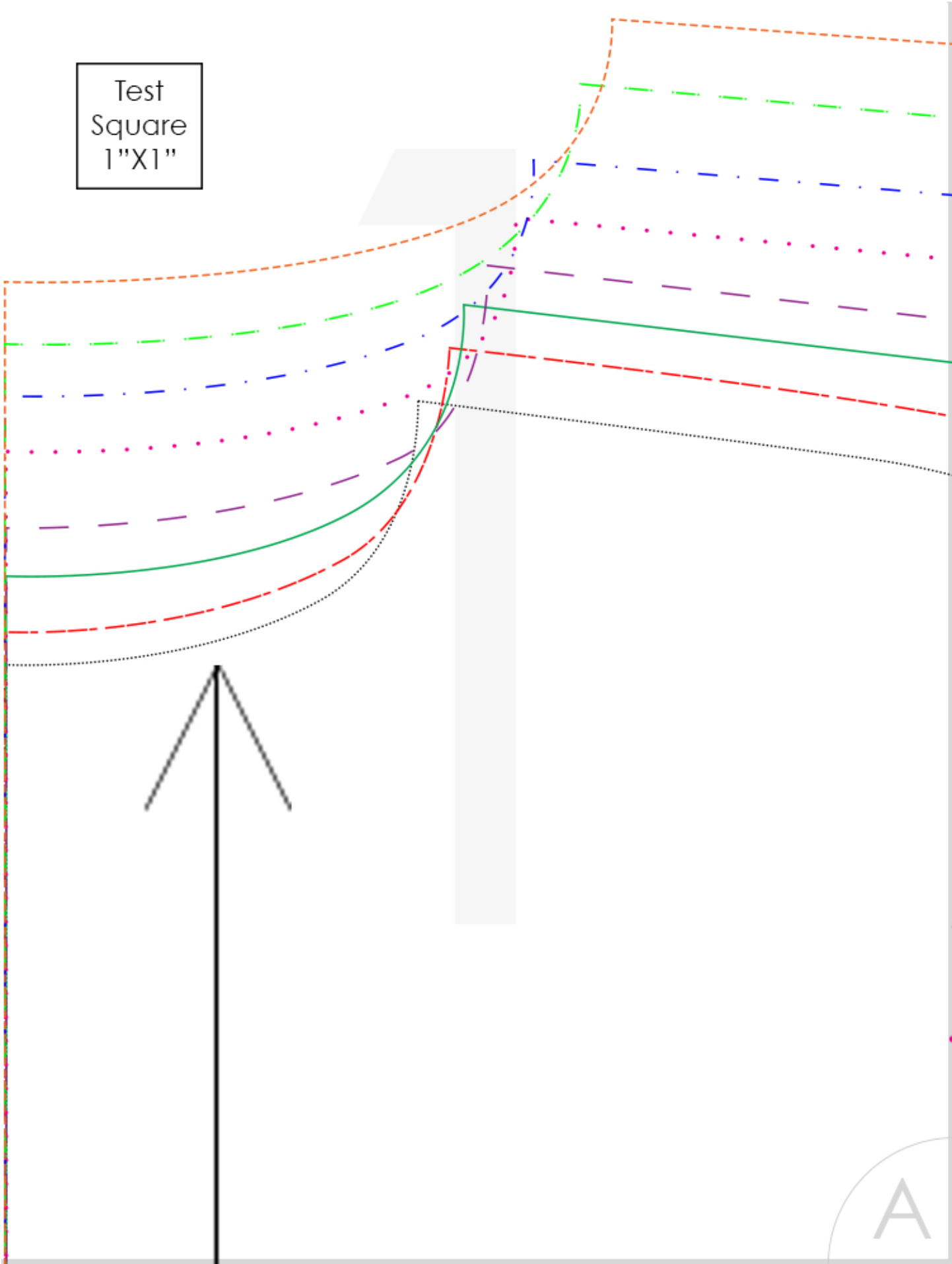
Press the bias outward and the seam allowance towards the bias.  
Then press the raw edge of the binding back down so it meets with the stitch line.  
Then turn the bias all towards the inside of the sleeve. Press well.  
Sew in place by sewing along the folded edge.  
Lastly hem the bottom by turning it under 1/2" and then 1/2" again. Sew along the folded edge to secure the hem in place.

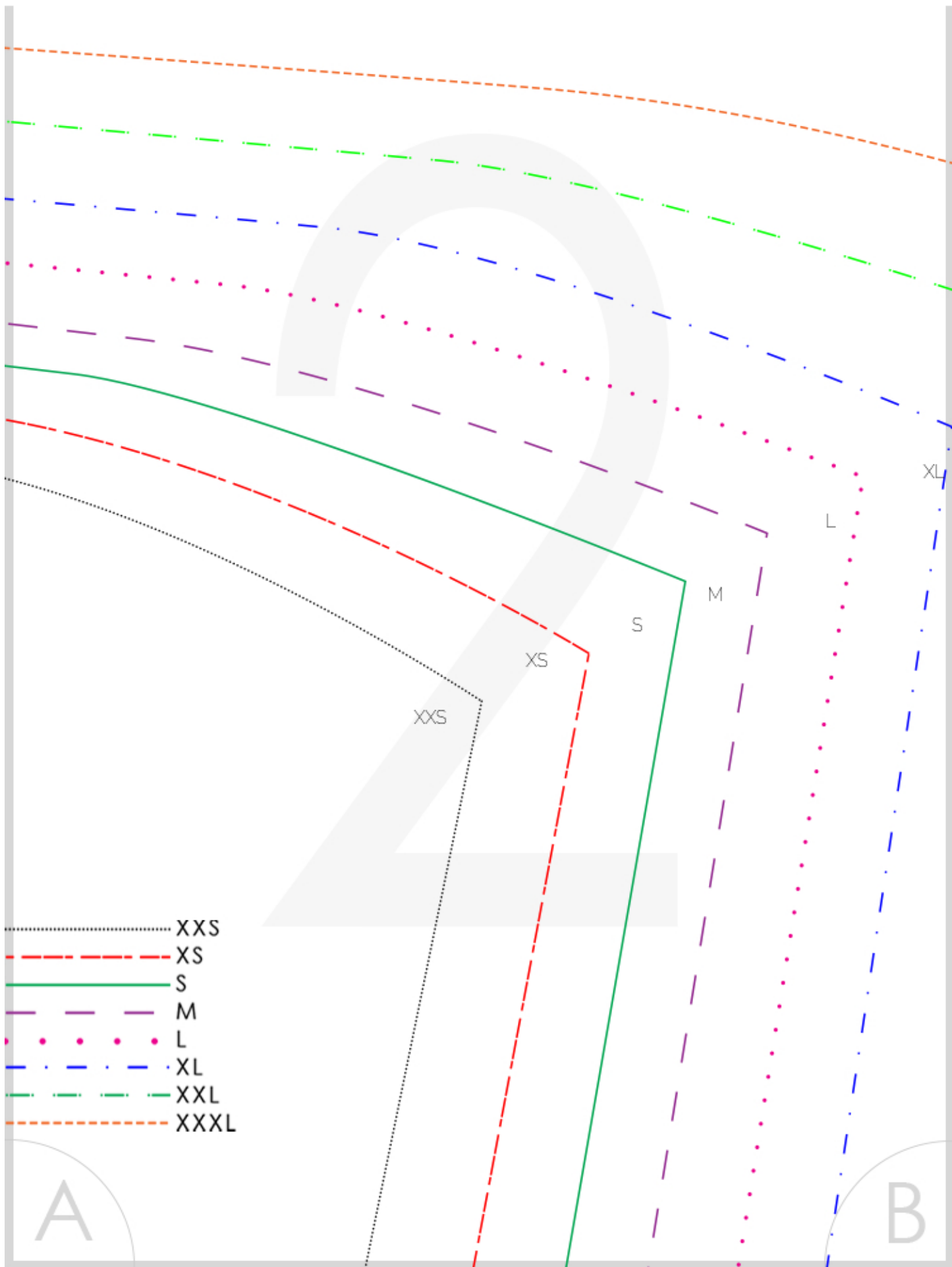
Share your creation on social media with  
[#RyanDress](#) [#ShwinDesigns](#)

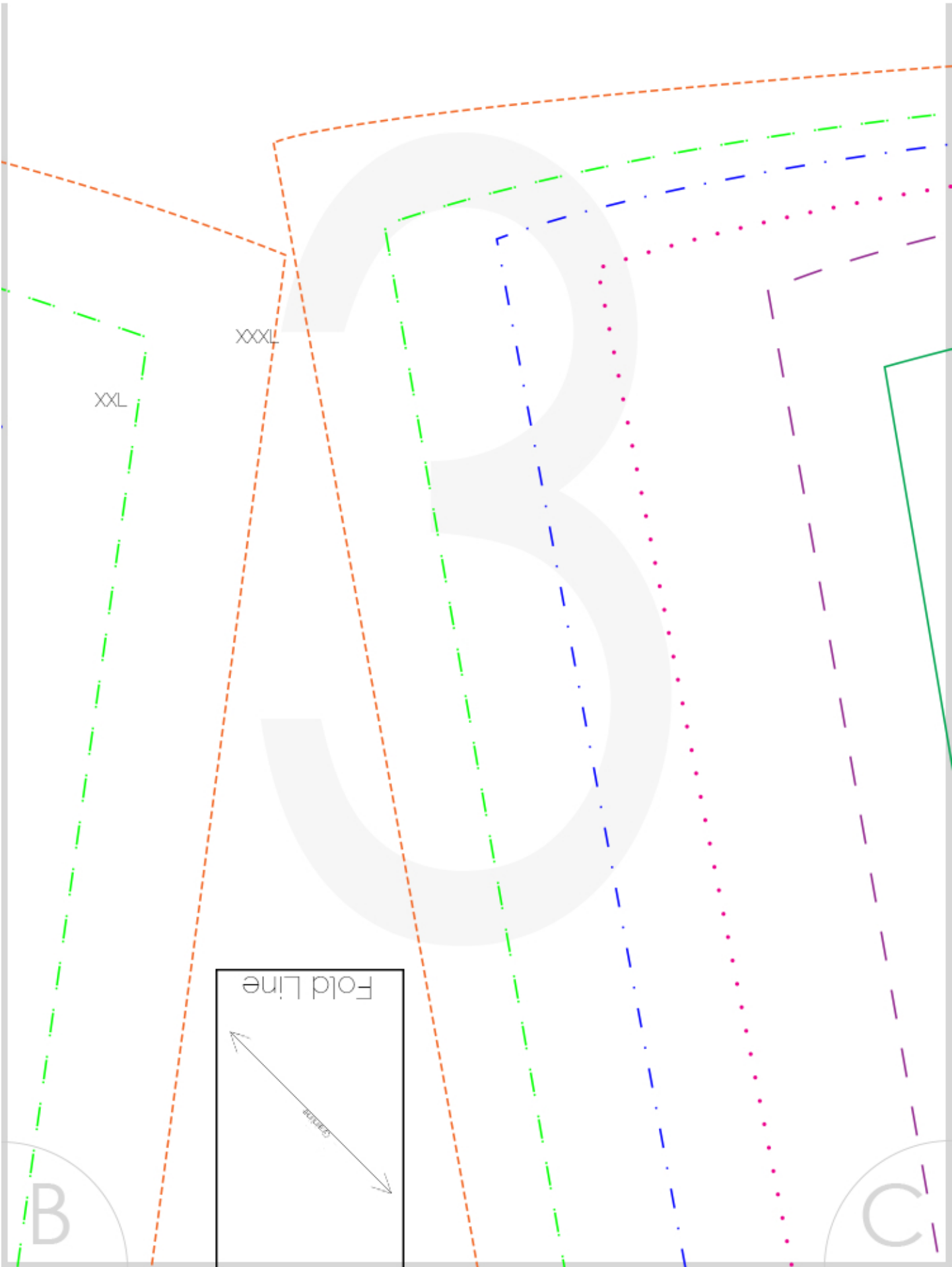
# Printing Guide for Ryan Dress



Test  
Square  
1"X1"







XXXL

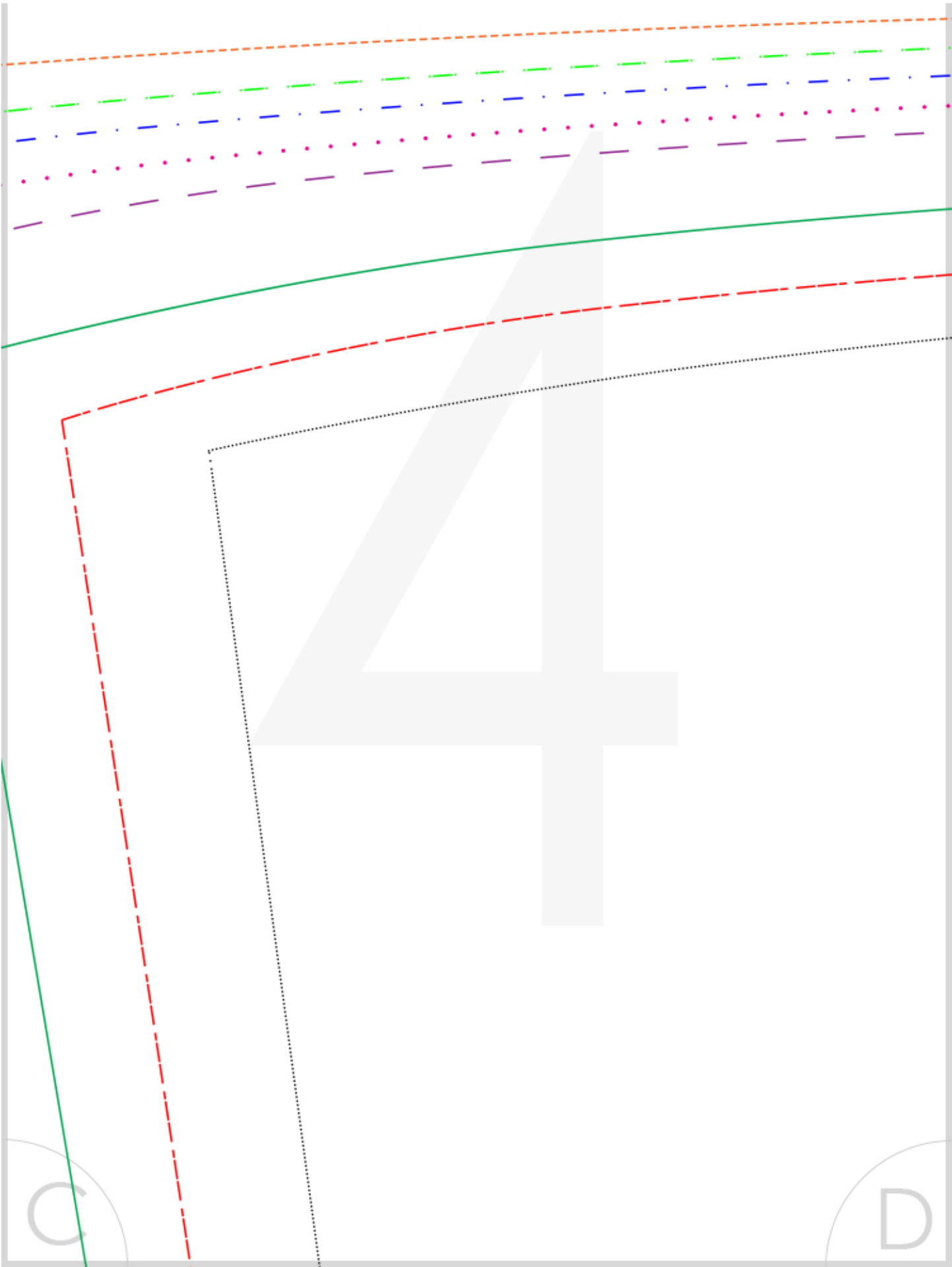
XXL

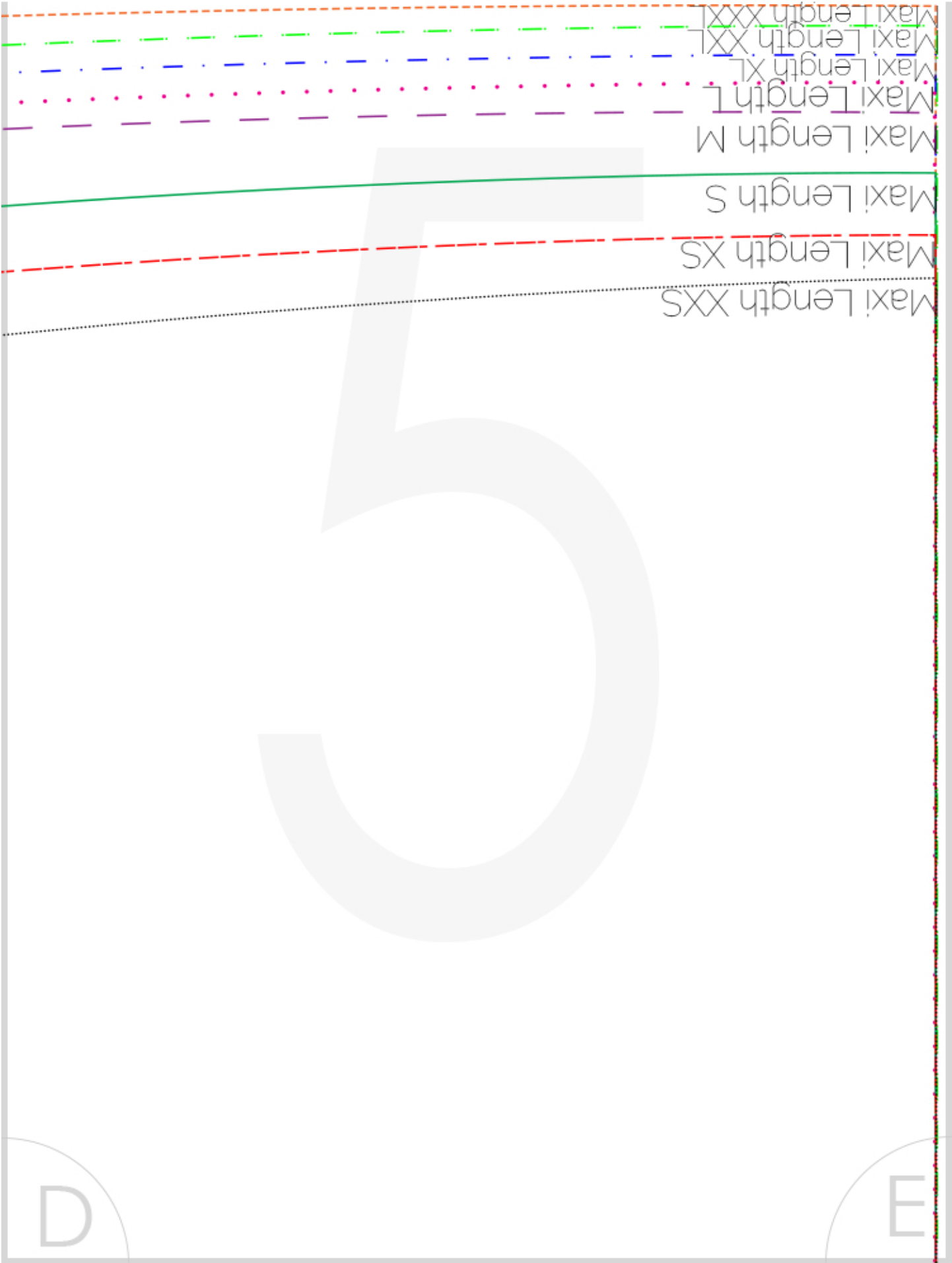
Fold Line



B

C





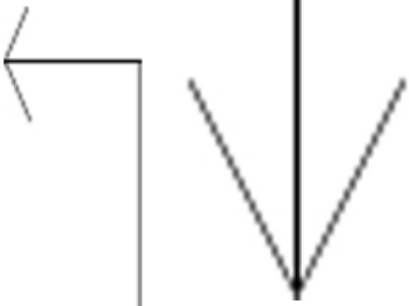


A

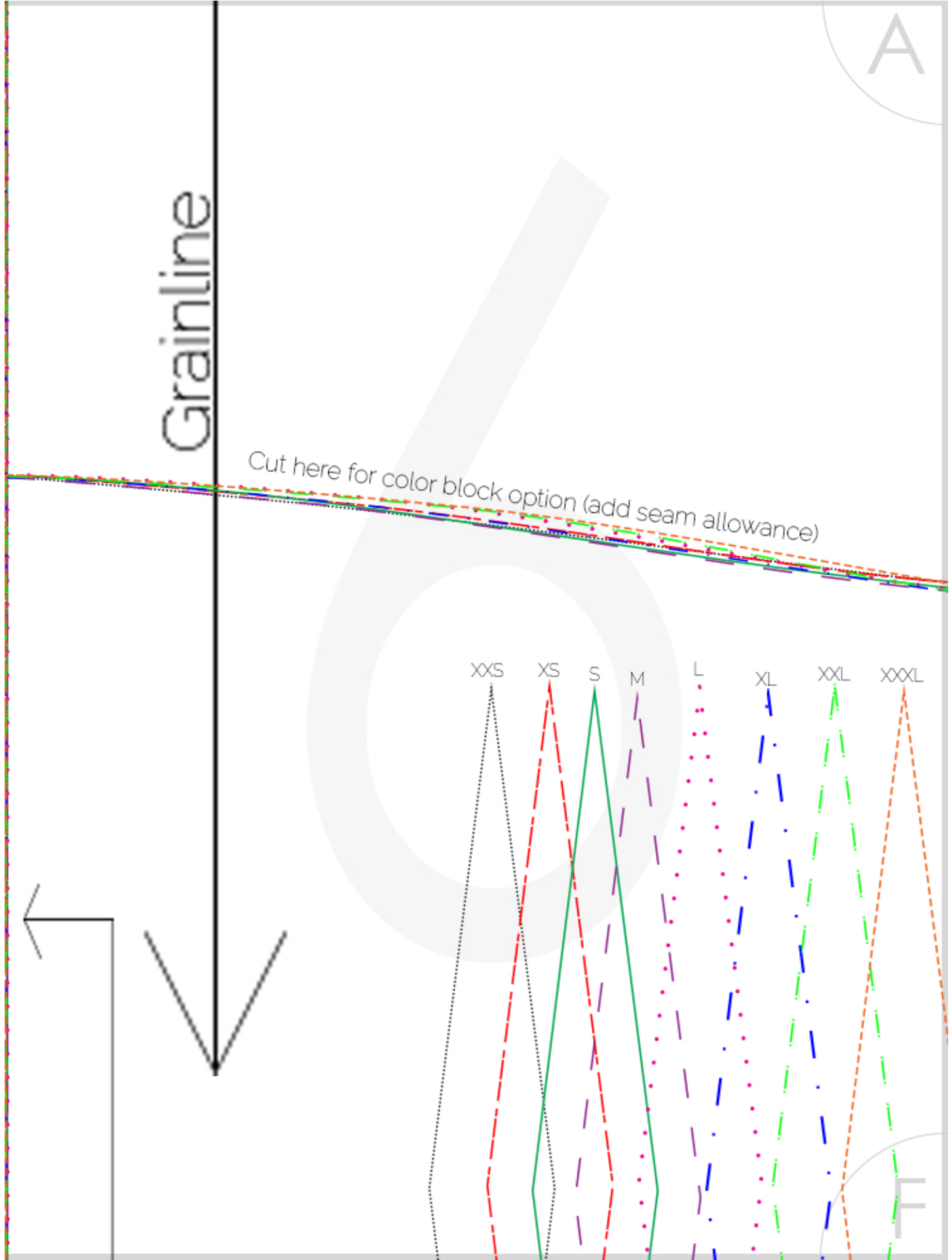
Grainline

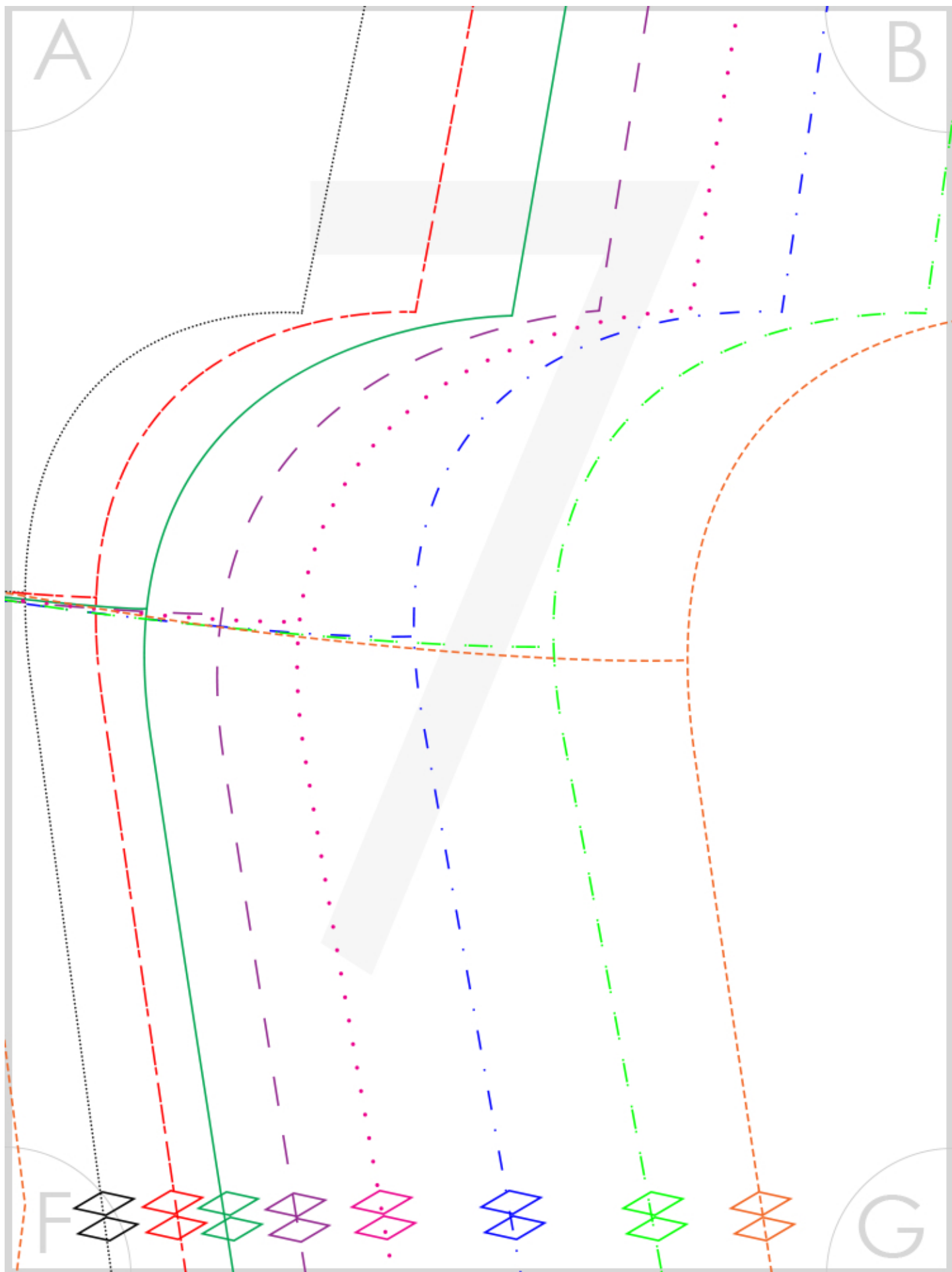
Cut here for color block option (add seam allowance)

XXS XS S M L XL XXL XXXL



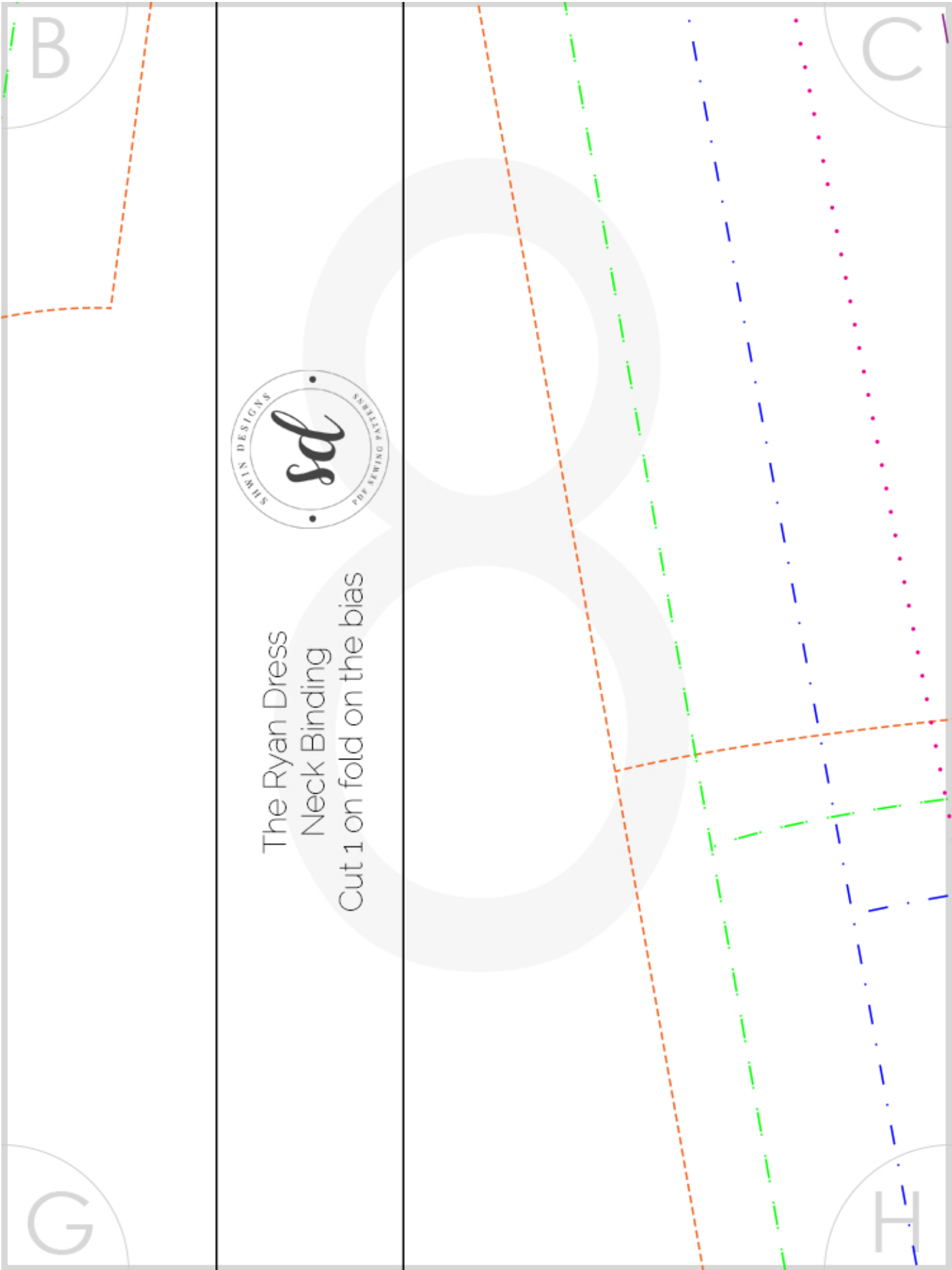
F

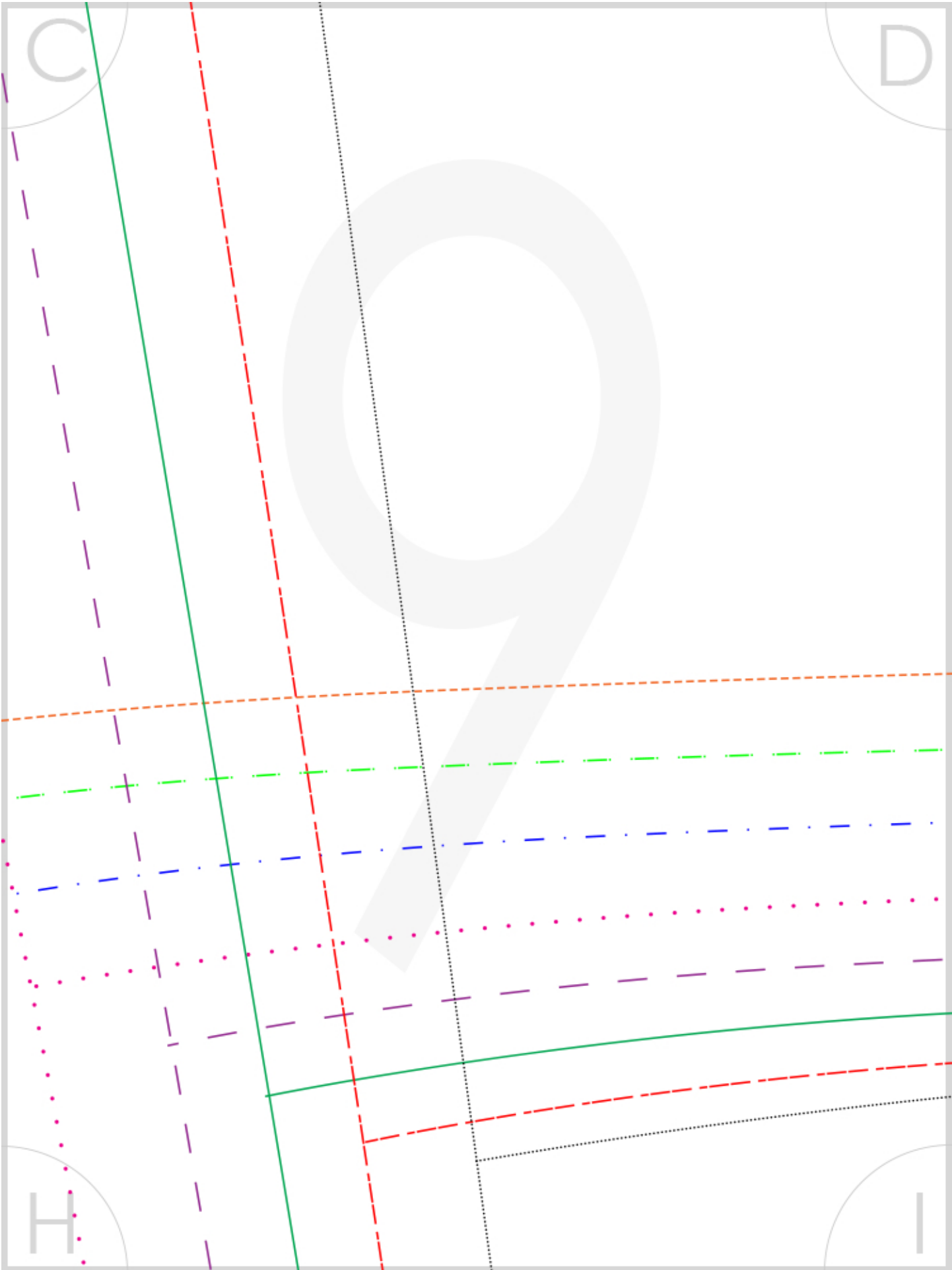






The Ryan Dress  
Neck Binding  
Cut 1 on fold on the bias





D

E

1

0

knee Length XXXL

knee Length XXL

knee Length XL

knee Length L

knee Length M

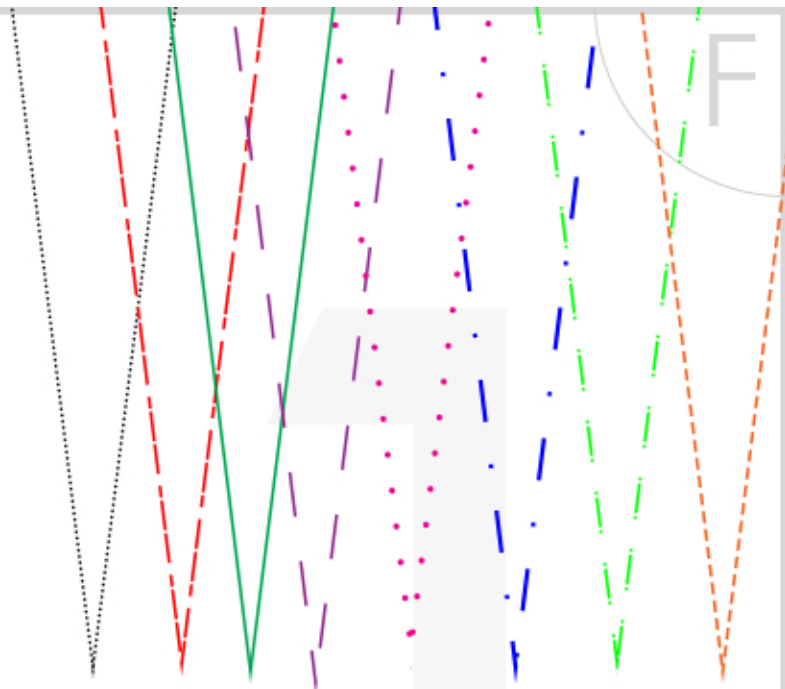
knee Length S

knee Length XS  
knee Length XXS

I

J

F

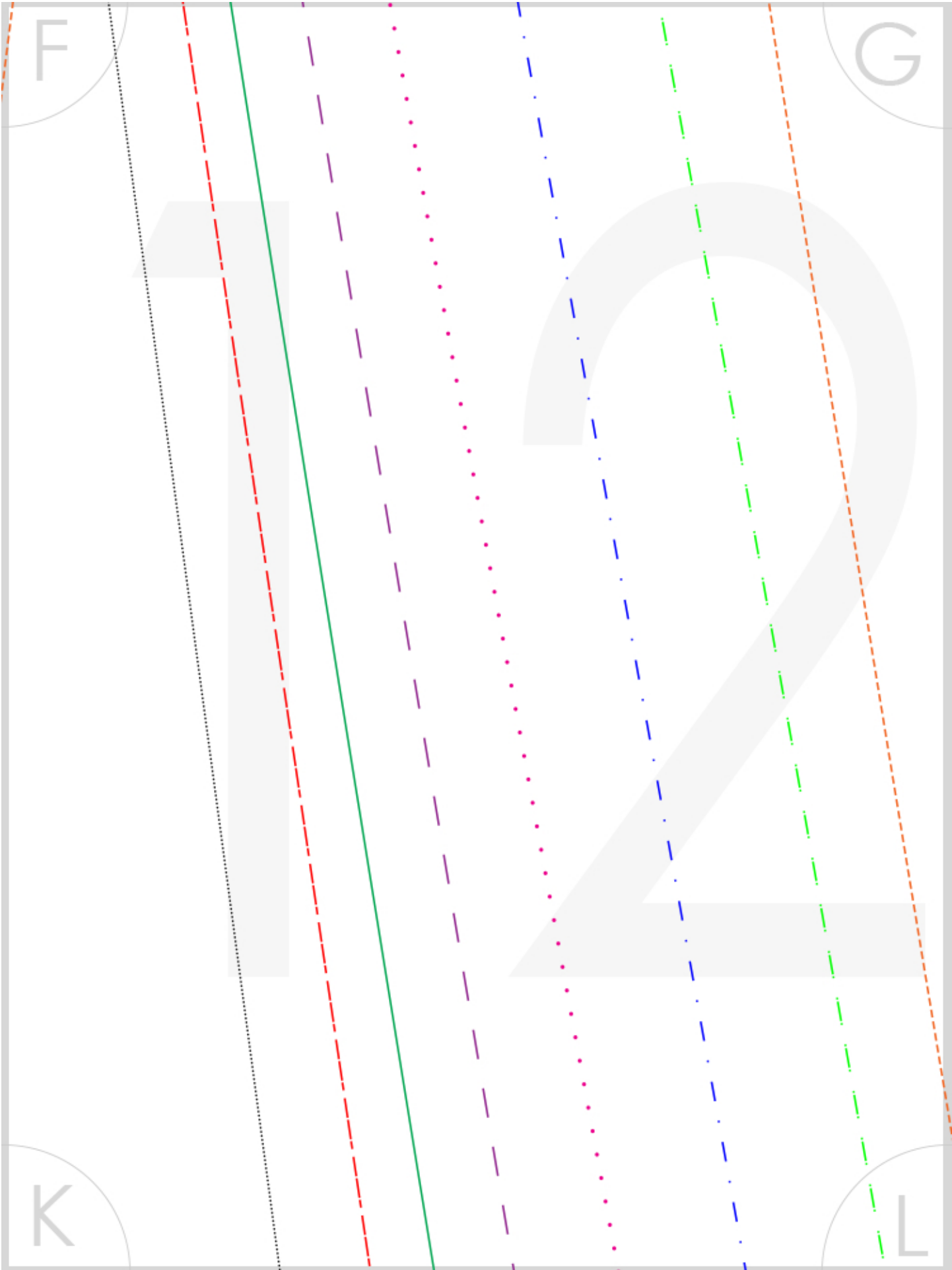


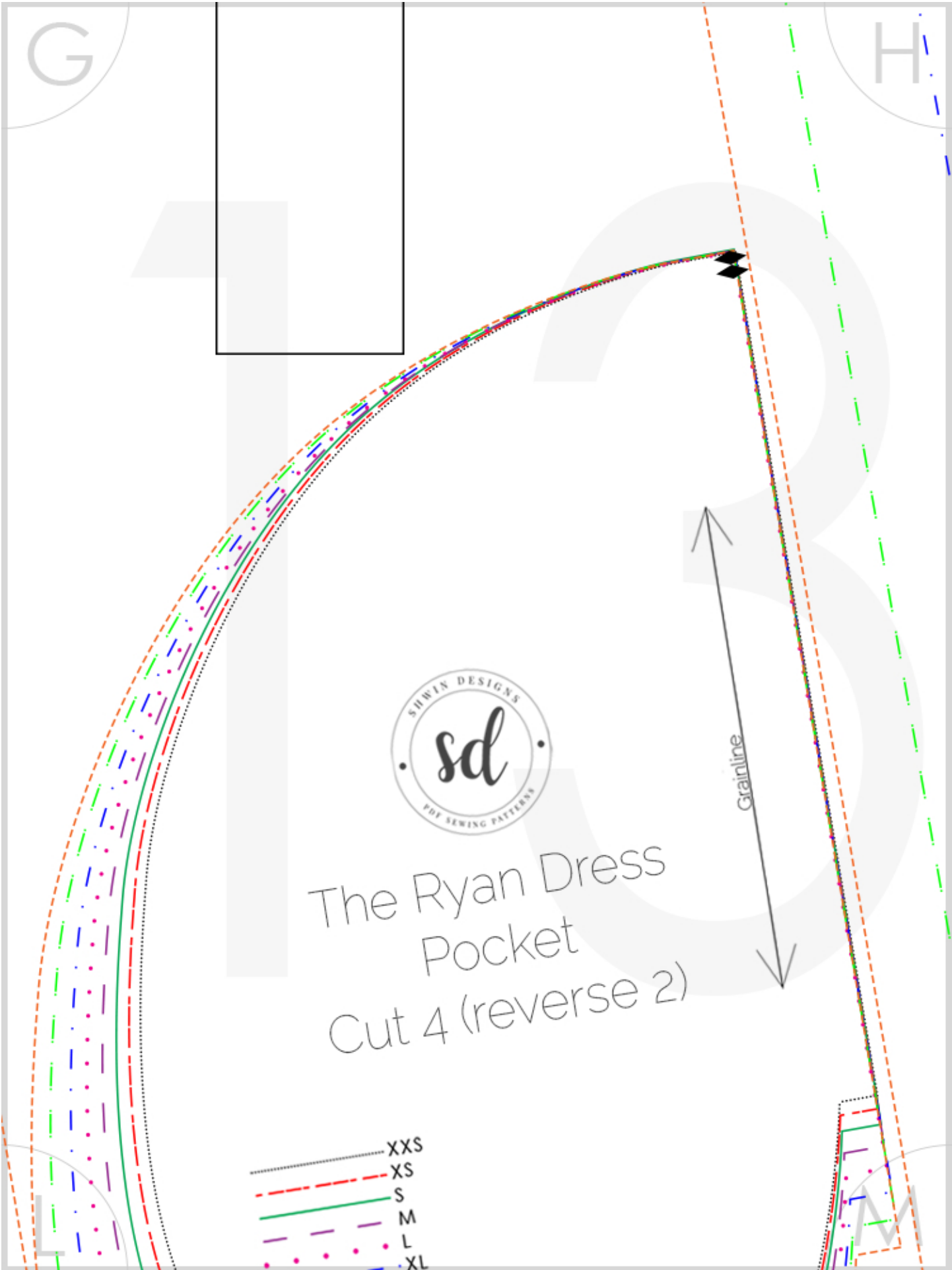
Cut on Fold



The Ryan Dress  
Back Bodice

K





G

H

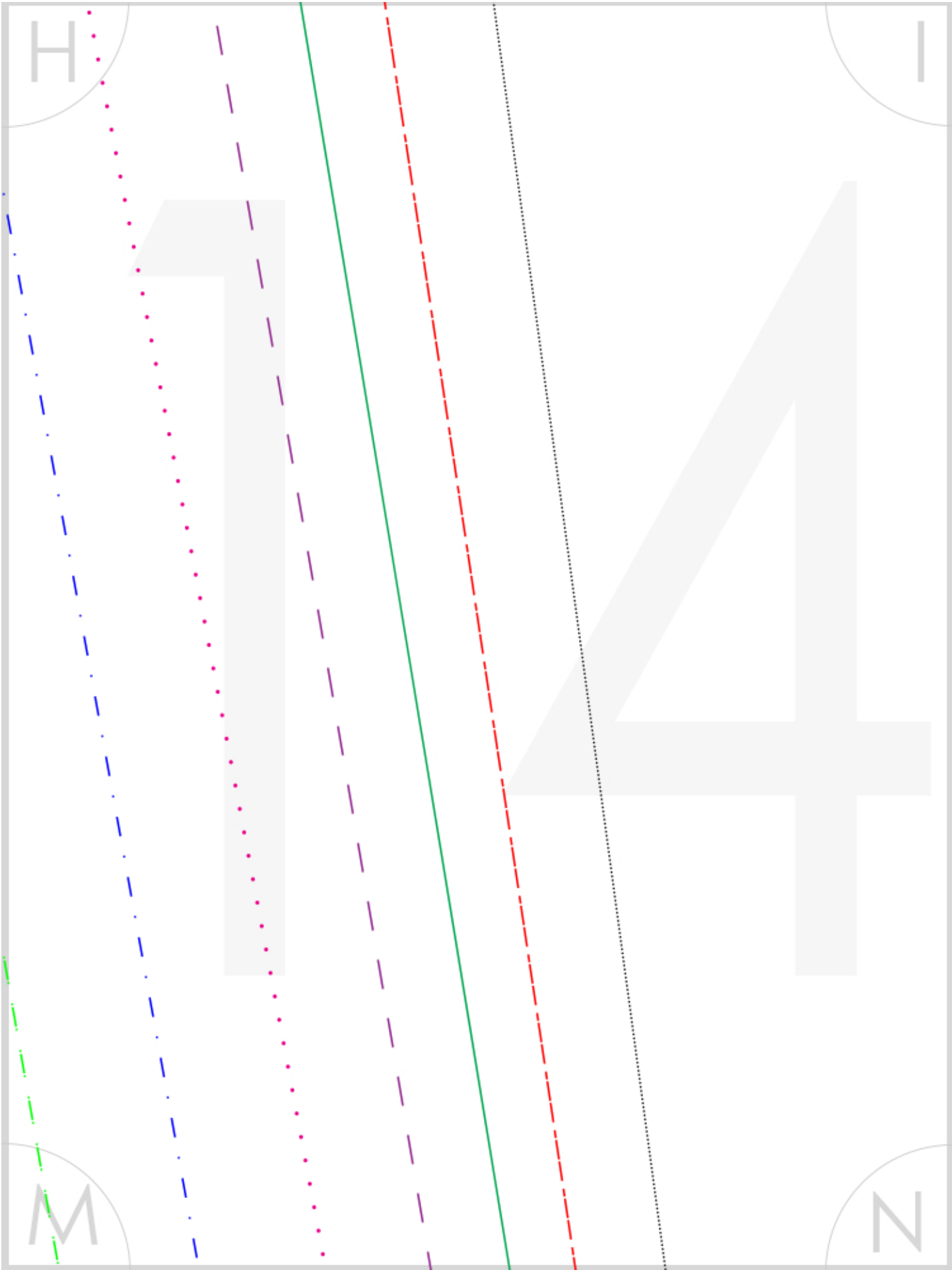


The Ryan Dress  
Pocket  
Cut 4 (reverse 2)

Grainline

- XXS
- XS
- S
- M
- L
- XL





I

J

1

5

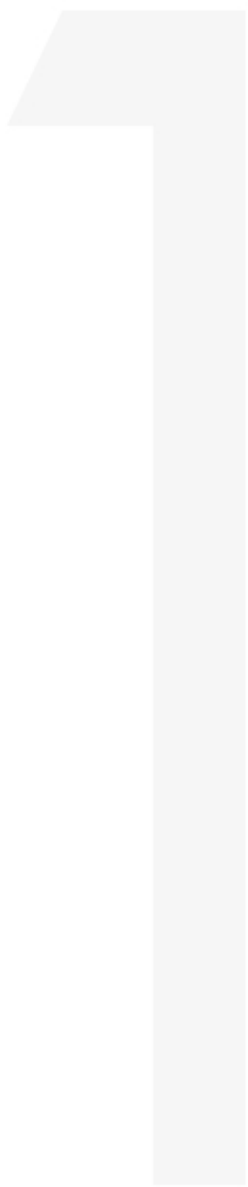
N

O



Cut 1 on fold

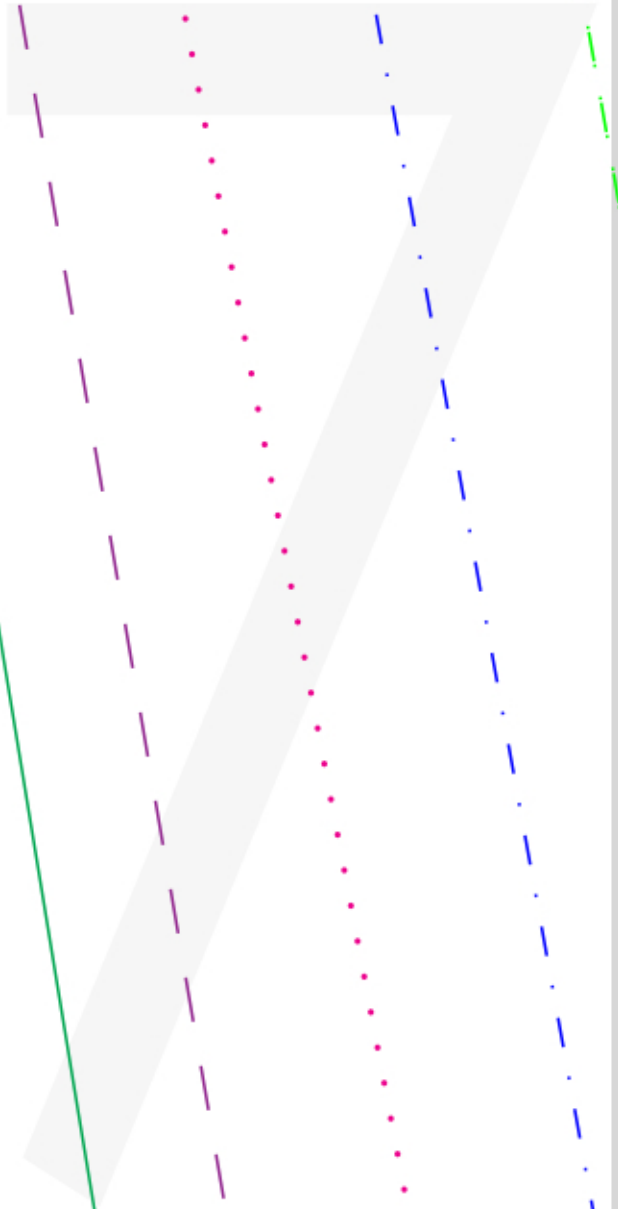
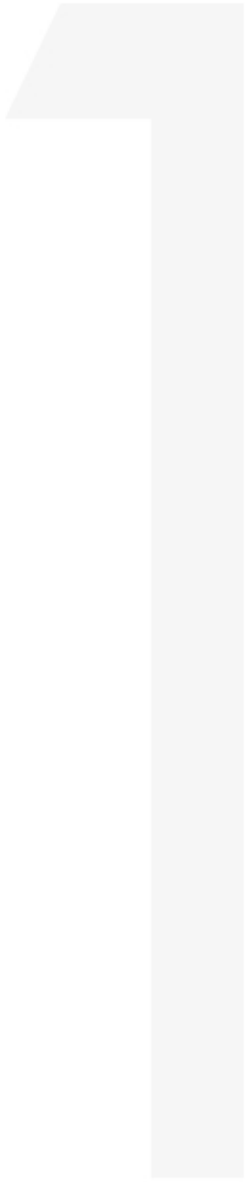
K



P

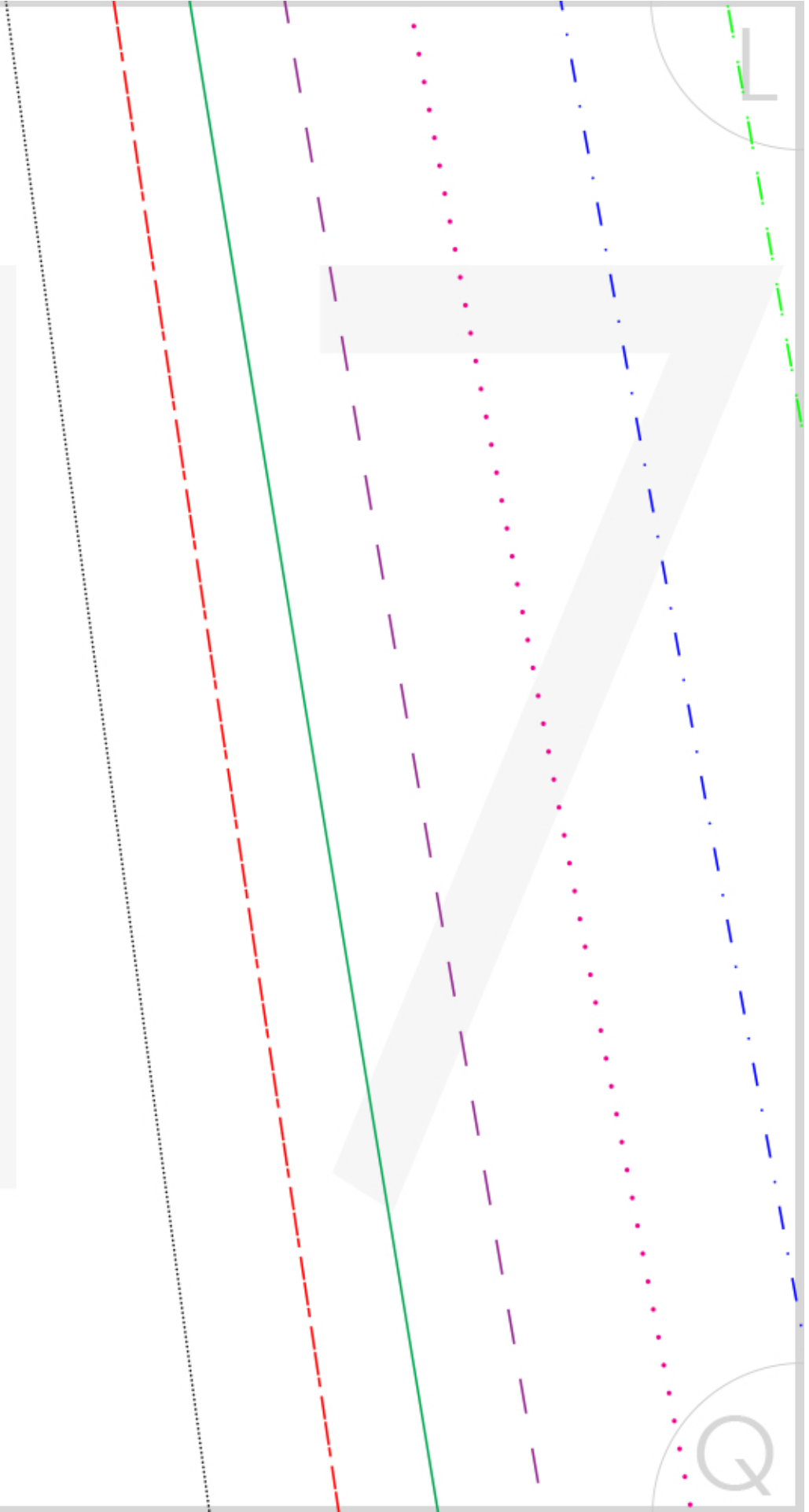
K

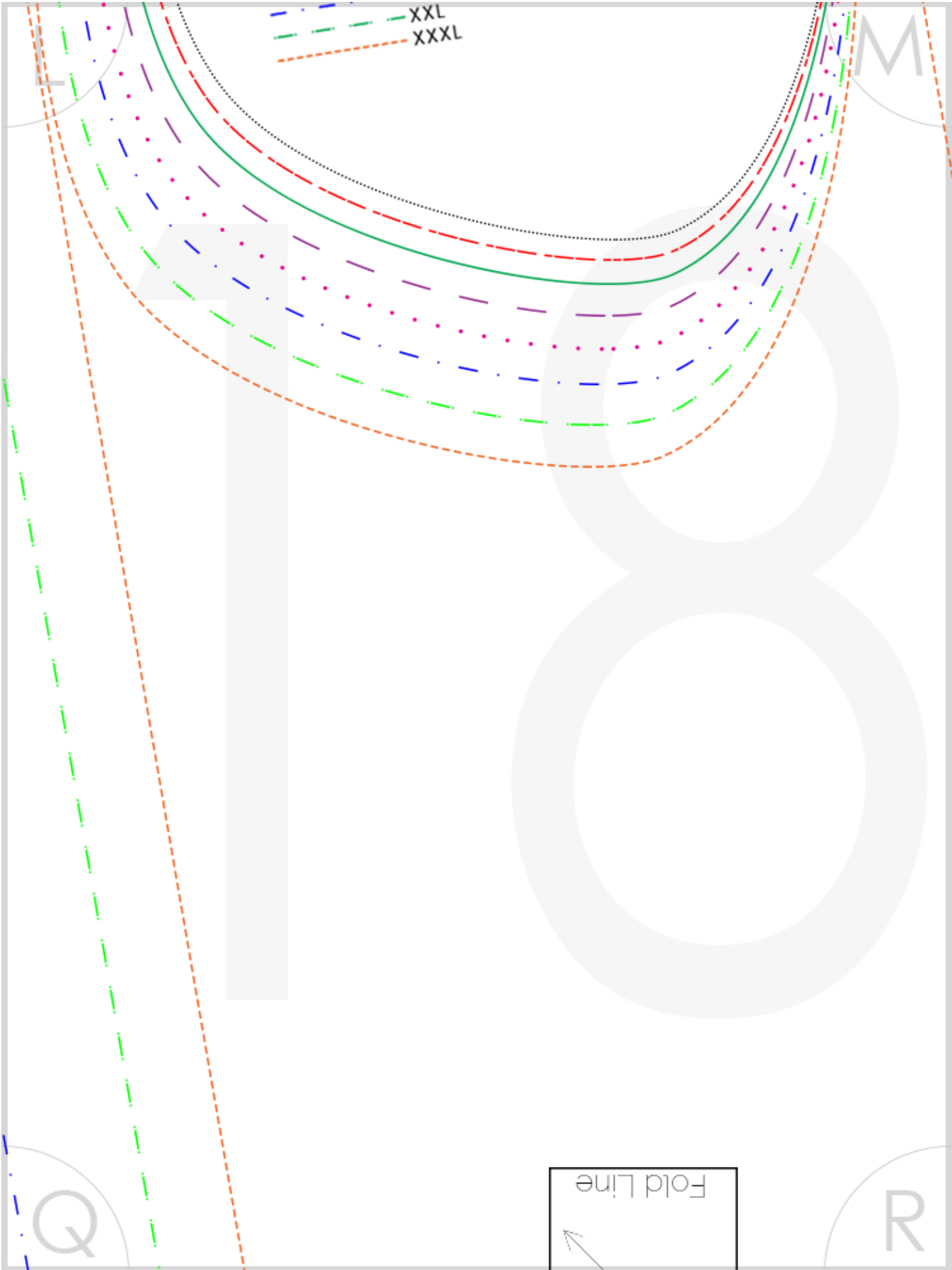
L

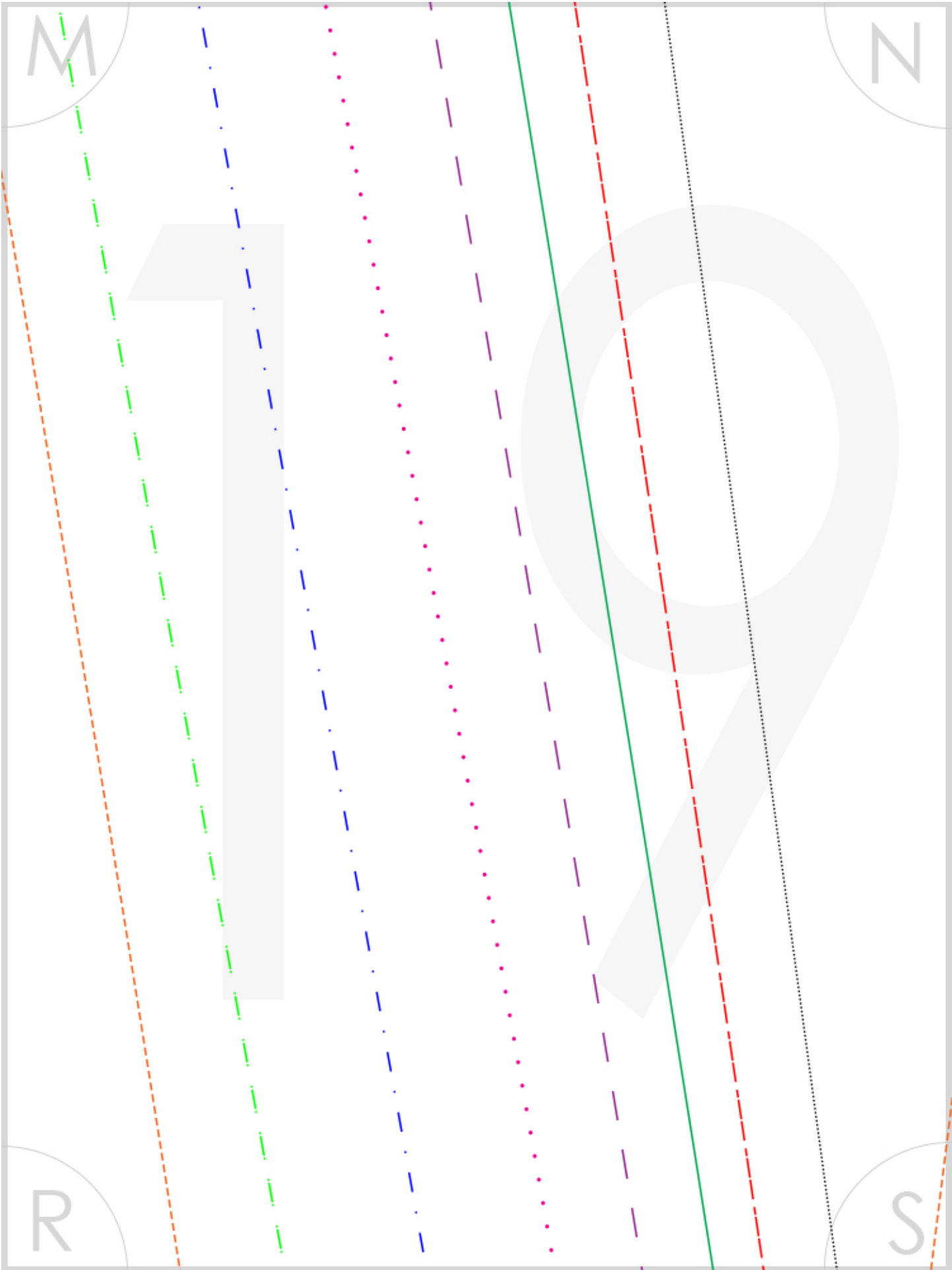


P

Q







N

The Ryan Dress  
Front Bodice  
Cut 1 on Fold



O

Cut on Fold

S



T

P

Knee Length XXS

Knee Length XS

Knee Length S

Knee Length M

Knee Length L

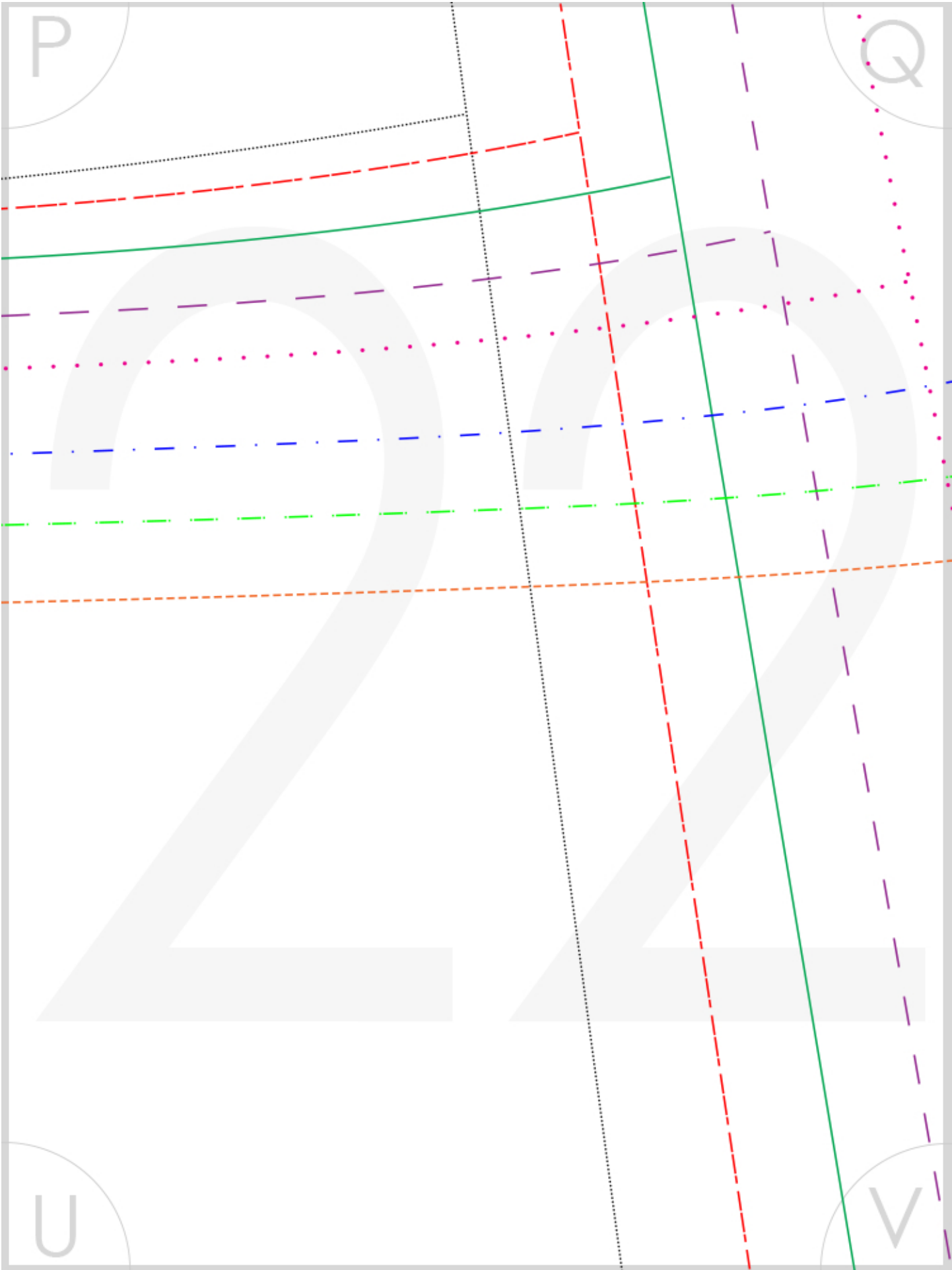
Knee Length XL

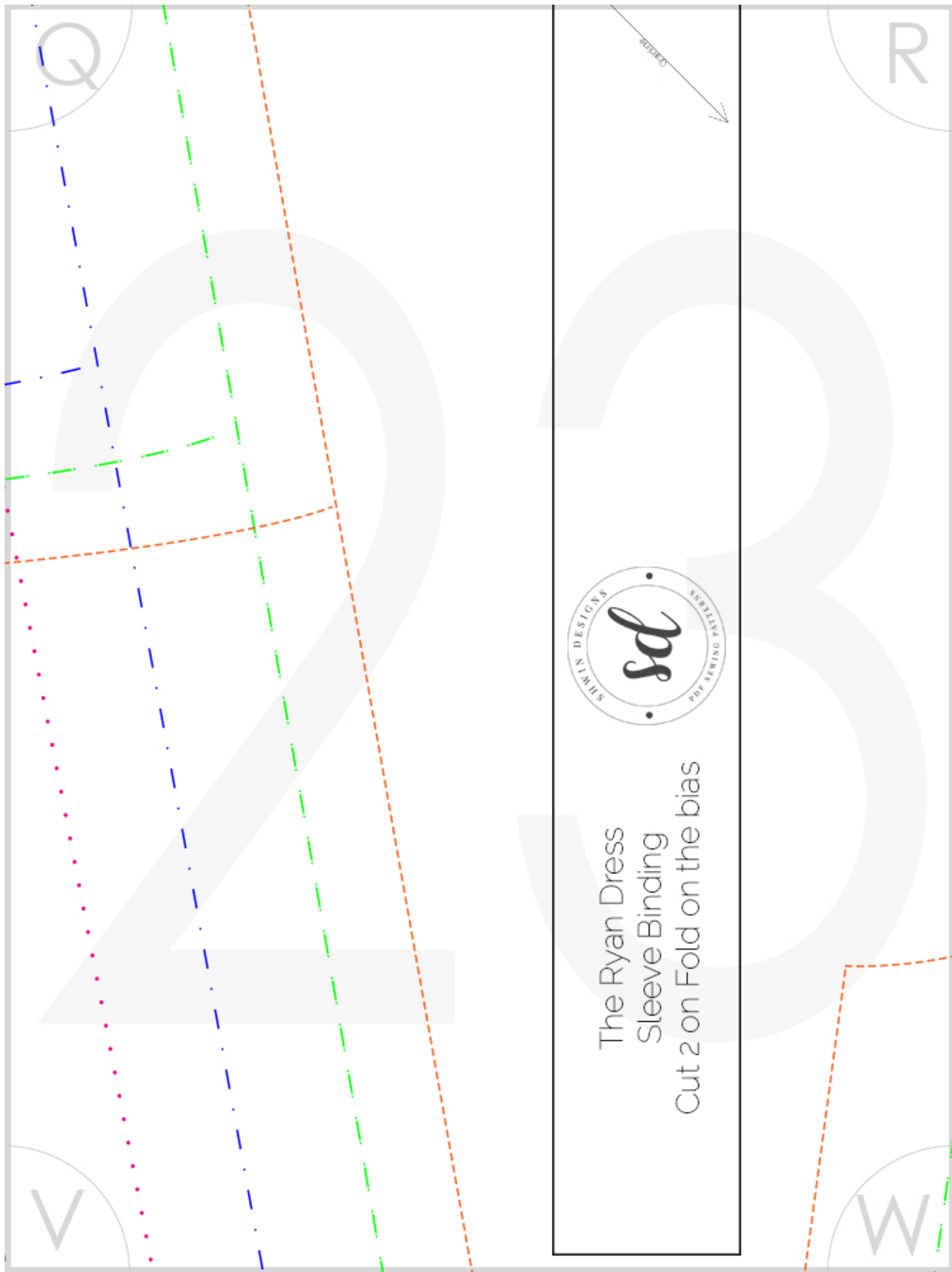
Knee Length XXL

Knee Length XXXL

U







Q

V

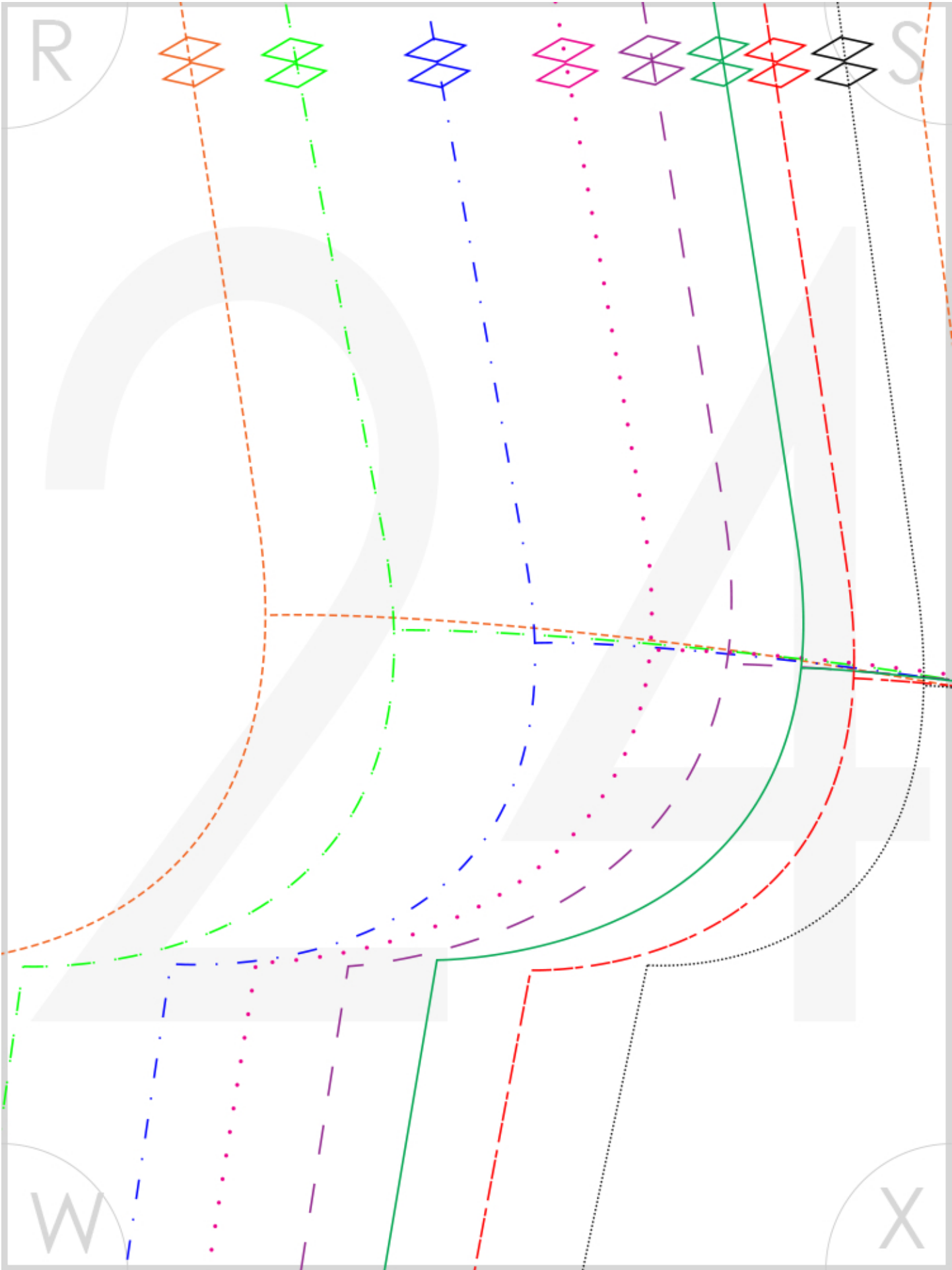
REVIEWS



The Ryan Dress  
Sleeve Binding  
Cut 2 on Fold on the bias

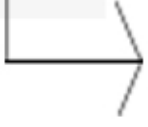
R

W



S

T



Grainline

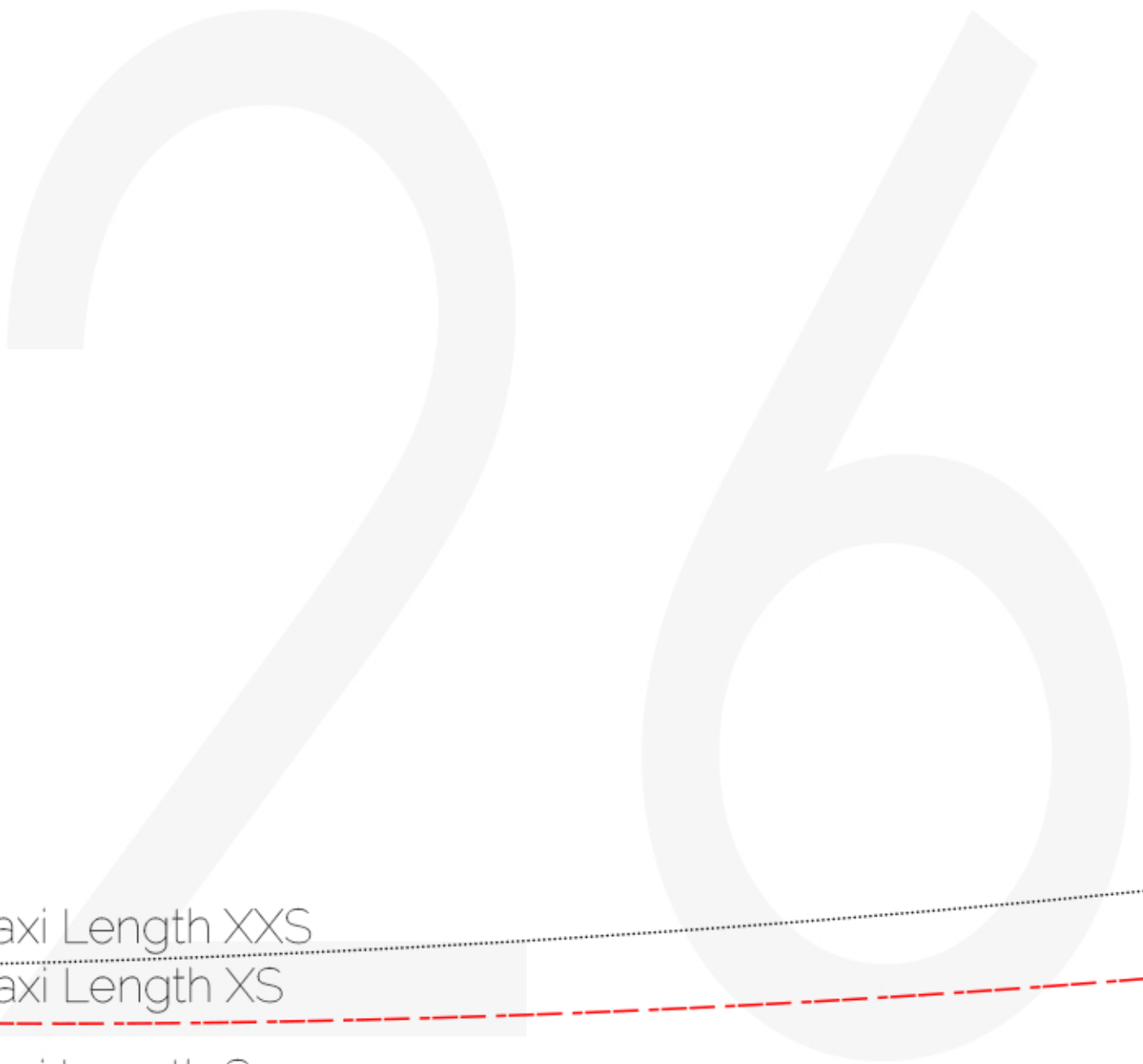
TXXX TXX TL L M S SX SXX

Cut here for color block option (add seam allowance)

X

Y

U



Maxi Length XXS

Maxi Length XS

Maxi Length S

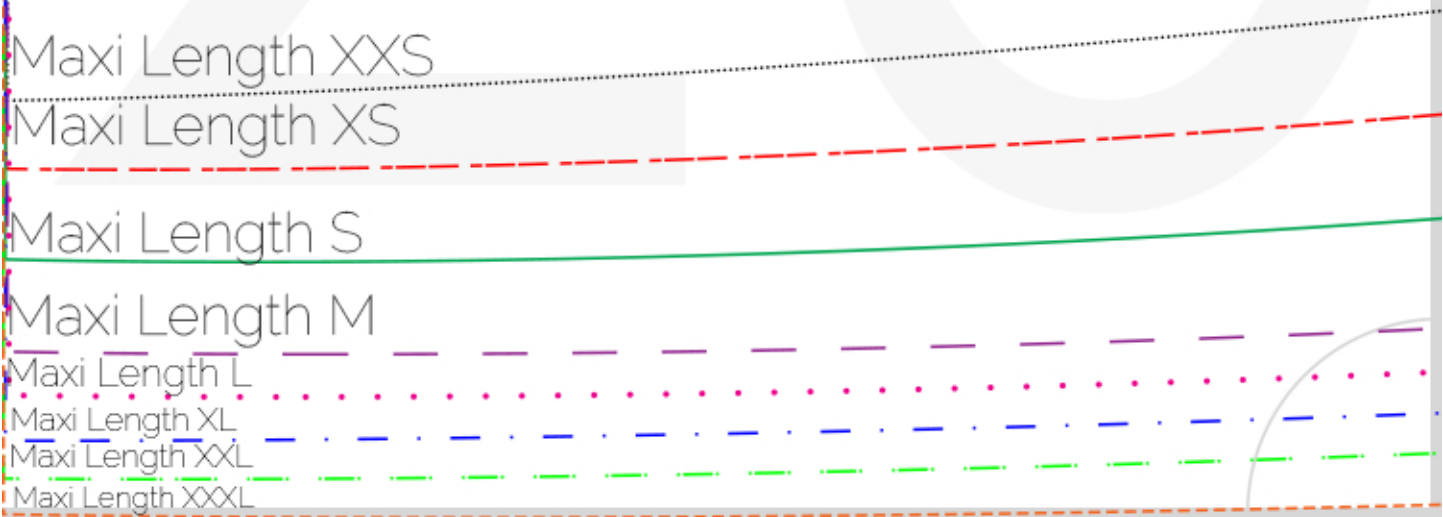
Maxi Length M

Maxi Length L

Maxi Length XL

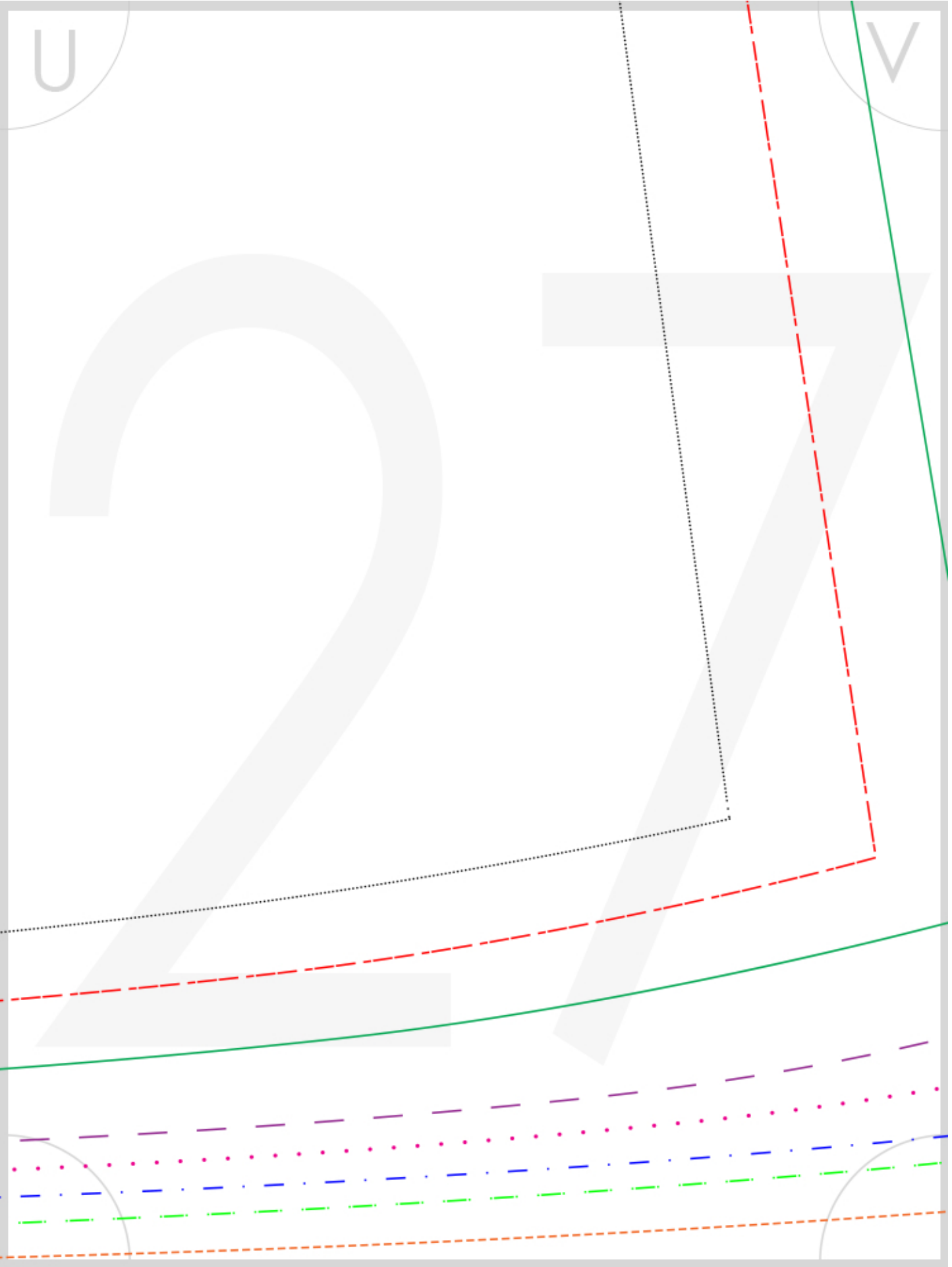
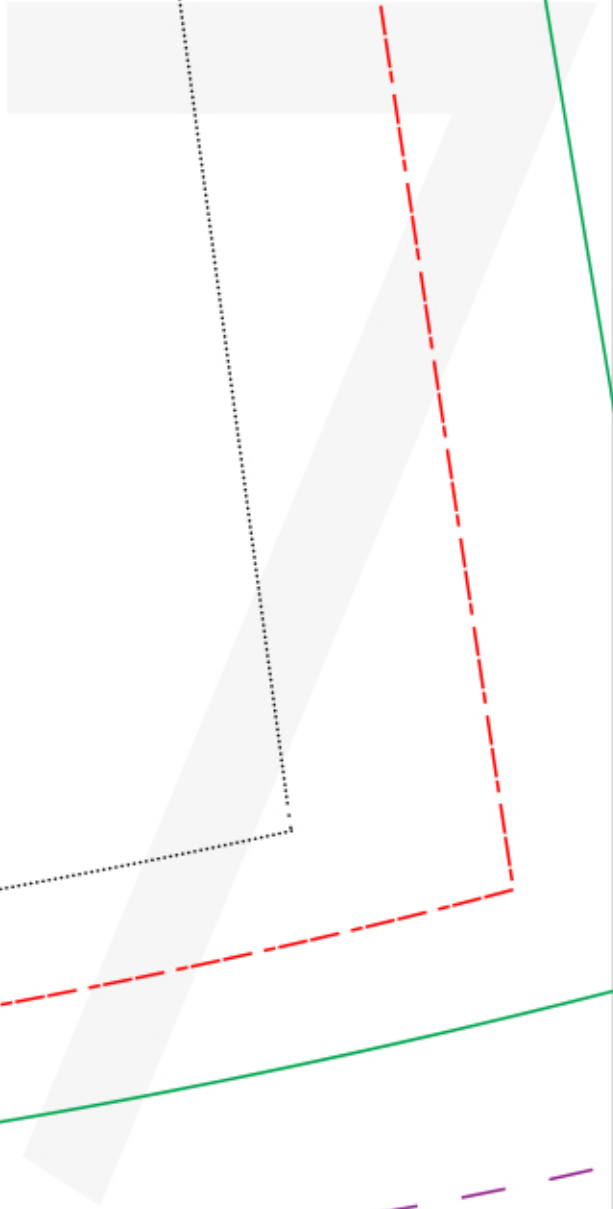
Maxi Length XXL

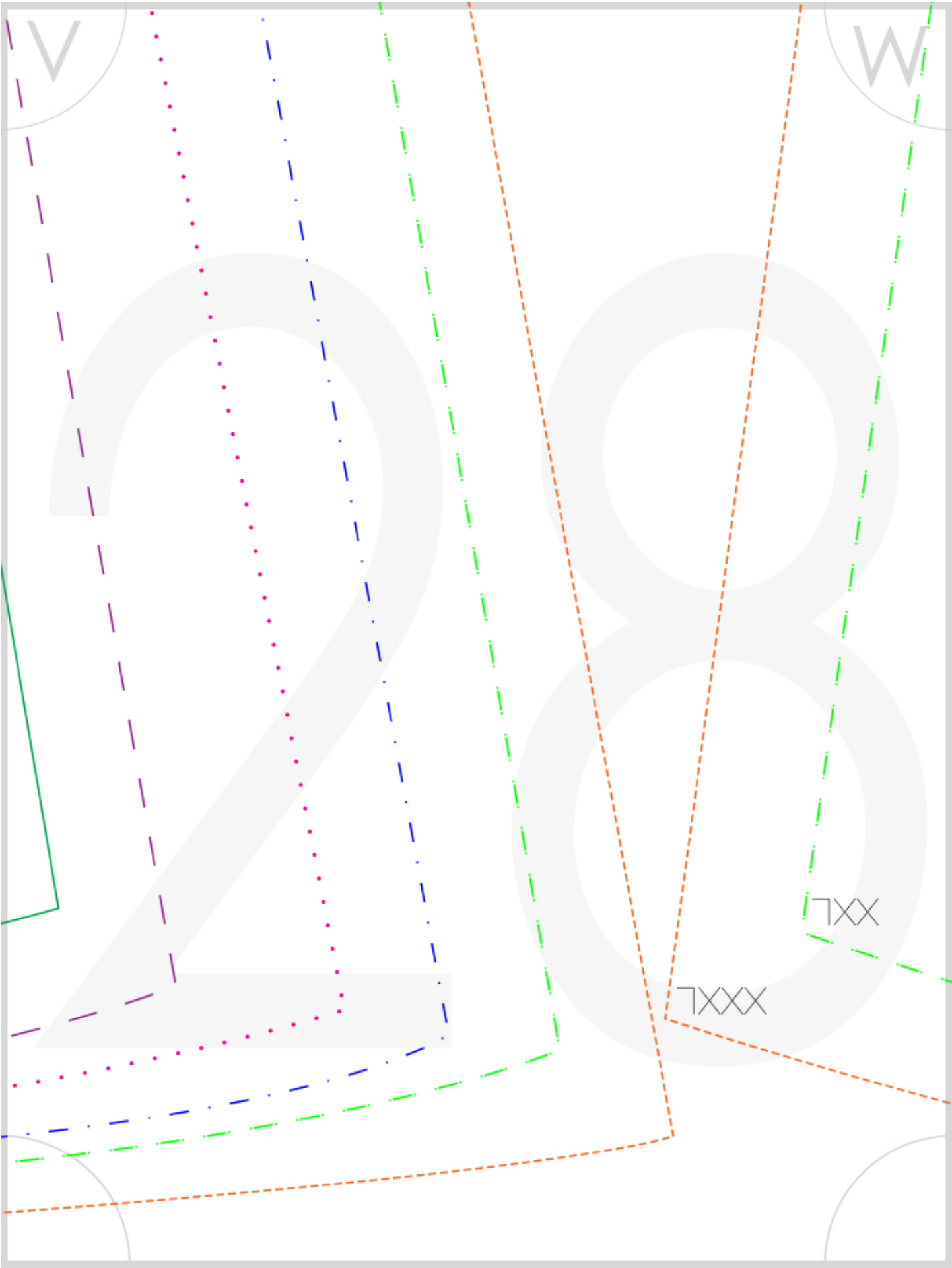
Maxi Length XXXL

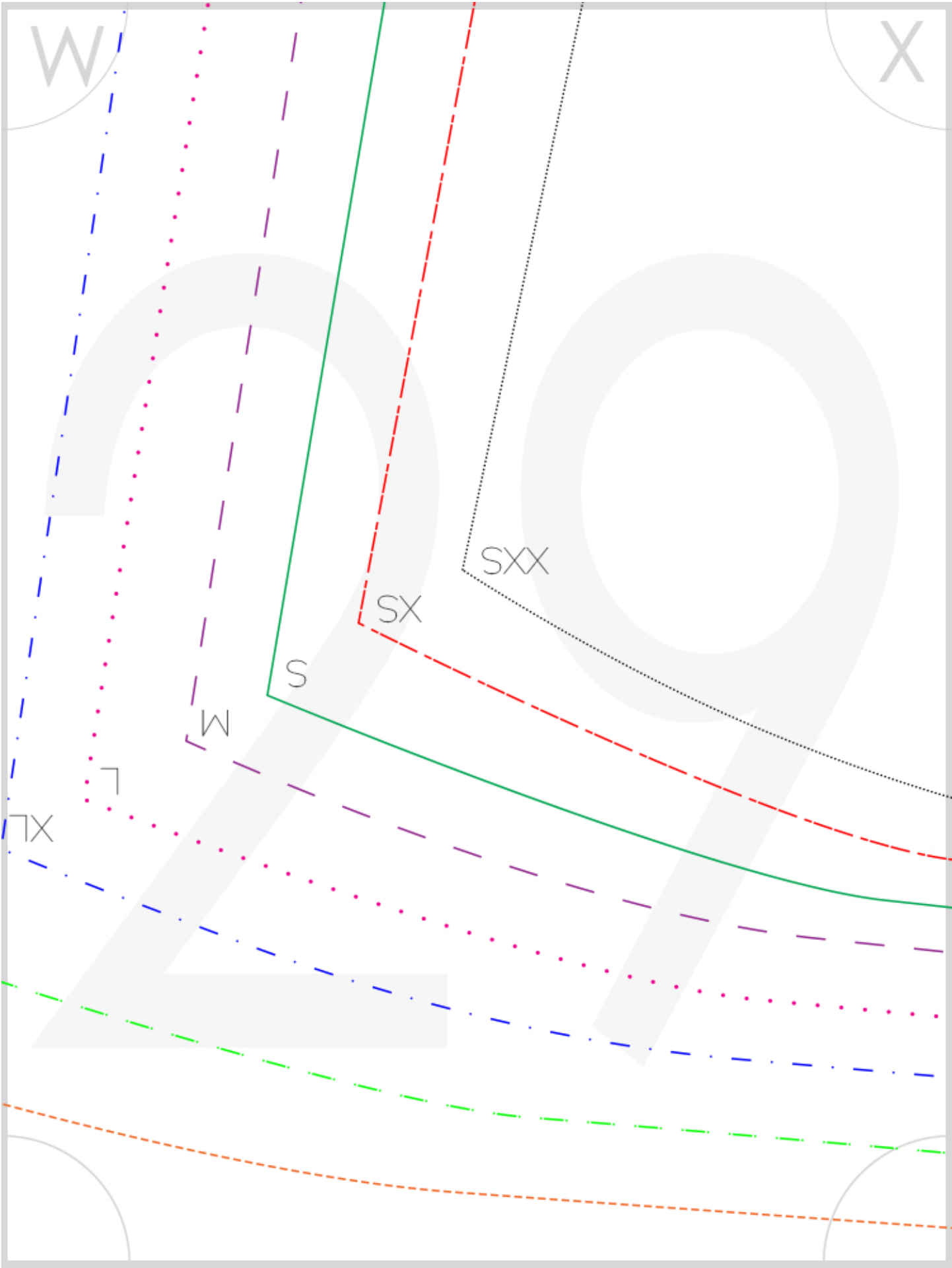


U

V









X

Y



- 1XXX ————
- 1XX ————
- 1X ————
- 1 ·····
- W ————
- S ————
- SX ————
- SXX ·····

